

In addition to the My Home, My Choice program, Disability Rights & Resources has several services with you, the consumer, in mind:

- **ADVOCACY:** Sticking up for your civil rights
- **PEER MENTORING:** Staff, who also live with disabilities, advocate with you to reach your own personalized independent living goals
- **COMMUNITY INTEGRATION:** Coordinating services to get you into & keep you integrated in the community
- **INFORMATION & REFERRAL:** Steering you toward the specific resources right for you
- **INDEPENDENT LIVING SKILLS:** Budgeting, cooking....What do you need to be your best self?

This agency provides personalized, free services without regard to specific disabilities.

## OUR MISSION

To guard the civil rights of people with disabilities as we empower ourselves and others to live as we choose.

Community Resource Connections



Serving Mecklenburg County



My Home,  
My Choice

Community  
Integration  
Program



For  
People with  
Disabilities



Who Presently  
Reside in a  
Facility



And Can Live  
in the  
Community  
Safely and  
Independently

# Disability Rights & Resources

*Fighting for Justice\**  
*Advancing Independence*

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# Fighting for Justice \* Advancing Independence

## My Home, My Choice Community Integration Program

Moving out of a facility back into the community can be challenging — with many obstacles and responsibilities to consider. My Home, My Choice assists individuals with disabilities who reside in facilities, so they can live independently again.

Staff members with knowledge and experience about moving from a facility back to the community will help you write a plan for transition and coordinate the supports and services you will need to be successful.

Your transition into the community will depend on the availability of resources. The program staff can help you explore options about where you can live and what services and supports are available to meet your needs. There is no cost for this assistance.

### AM I ELIGIBLE FOR MY HOME, MY CHOICE?

You are eligible if:

- 1) You live in a facility such as a nursing home, domestic violence shelter, group home, homeless shelter, or mental health facility in NC and want to move out; and
- 2) You are able to live in the community safely and independently.

### HOW DO I GET STARTED?

We will be happy to meet with you and anyone else you want to join us. You may ask your social worker at the facility to let us know about your interest in transitioning and we will follow-up by contacting you. We will discuss the types of services, supports, and benefits you will need in order to live independently in the community.