

## 2018-2019 Youth Basketball Schedule

### Ages 7-8 At Ray's Splash Planet

**215 N Sycamore St, Charlotte, NC 28202**

<p><b>Mecklenburg County Youth Sports Philosophy</b></p> <p><b>To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.</b></p>
<p>*Mecklenburg County has a <b>Zero Tolerance Policy</b> for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.</p>
<p><b>The Youth Sports Information and Inclement Weather Hotline (704) 432-3834</b> will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.</p>
<p><b>INFORMATION</b></p> <p>League Rules – Can be located at <a href="http://www.ParkandRec.com">www.ParkandRec.com</a> on the youth basketball web page  <a href="http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx">http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx</a>  Please be sure that you have read and understand our rules and code of conduct.</p>

Date	Age	Location	Time	Home (Light)	Away (Dark)
8-Dec	8U	Ray's Splash Planet	9:00a	RSP Dolphins 2	BRT Warriors
8-Dec	8U	Ray's Splash Planet	10:00a	RSP Dolphins 5	TC Titans AJ
8-Dec	8U	Ray's Splash Planet	11:00a	TC Titans Burke	AG Lakers
8-Dec	8U	Ray's Splash Planet	12:00p	RSP Dolphins 3	RSP Dolphins 4
8-Dec	8U	Ray's Splash Planet	1:00p	BRT Blaze	AG Mavericks
15-Dec	8U	Ray's Splash Planet	9:00a	TC Titans Burke	AG Mavericks
15-Dec	8U	Ray's Splash Planet	10:00a	BRT Warriors	RSP Dolphins 5
15-Dec	8U	Ray's Splash Planet	11:00a	RSP Dolphins 4	BRT Blaze
15-Dec	8U	Ray's Splash Planet	12:00p	RSP Dolphins 2	TC Titans AJ
15-Dec	8U	Ray's Splash Planet	1:00p	AG Lakers	RSP Dolphins 3
5-Jan	8U	Ray's Splash Planet	9:00a	TC Titans AJ	RSP Dolphins 4
5-Jan	8U	Ray's Splash Planet	10:00a	AG Lakers	BRT Blaze
5-Jan	8U	Ray's Splash Planet	11:00a	AG Mavericks	RSP Dolphins 2
5-Jan	8U	Ray's Splash Planet	12:00p	RSP Dolphins 5	RSP Dolphins 3
5-Jan	8U	Ray's Splash Planet	1:00p	BRT Warriors	TC Titans Burke
12-Jan	8U	Ray's Splash Planet	9:00a	RSP Dolphins 3	TC Titans Burke
12-Jan	8U	Ray's Splash Planet	10:00a	AG Mavericks	RSP Dolphins 5
12-Jan	8U	Ray's Splash Planet	11:00a	RSP Dolphins 4	BRT Warriors
12-Jan	8U	Ray's Splash Planet	12:00p	TC Titans AJ	AG Lakers
12-Jan	8U	Ray's Splash Planet	1:00p	BRT Blaze	RSP Dolphins 2
19-Jan	8U	Ray's Splash Planet	9:00a	AG Lakers	BRT Warriors
19-Jan	8U	Ray's Splash Planet	10:00a	TC Titans Burke	RSP Dolphins 5
19-Jan	8U	Ray's Splash Planet	11:00a	AG Mavericks	RSP Dolphins 3
19-Jan	8U	Ray's Splash Planet	12:00p	BRT Blaze	TC Titans AJ
19-Jan	8U	Ray's Splash Planet	1:00p	RSP Dolphins 2	RSP Dolphins 4
26-Jan	8U	Ray's Splash Planet	9:00a	RSP Dolphins 5	BRT Blaze
26-Jan	8U	Ray's Splash Planet	10:00a	AG Lakers	RSP Dolphins 2
26-Jan	8U	Ray's Splash Planet	11:00a	RSP Dolphins 4	TC Titans Burke
26-Jan	8U	Ray's Splash Planet	12:00p	BRT Warriors	AG Mavericks
26-Jan	8U	Ray's Splash Planet	1:00p	TC Titans AJ	RSP Dolphins 3

Date	Age	Location	Time	Home (Light)	Away (Dark)
2-Feb	8U	Ray's Splash Planet	9:00a	TC Titans AJ	AG Mavericks
2-Feb	8U	Ray's Splash Planet	10:00a	RSP Dolphins 2	RSP Dolphins 5
2-Feb	8U	Ray's Splash Planet	11:00a	RSP Dolphins 4	AG Lakers
2-Feb	8U	Ray's Splash Planet	12:00p	BRT Blaze	TC Titans Burke
2-Feb	8U	Ray's Splash Planet	1:00p	RSP Dolphins 3	BRT Warriors
9-Feb	8U	Ray's Splash Planet	9:00a	RSP Dolphins 3	BRT Blaze
9-Feb	8U	Ray's Splash Planet	10:00a	AG Mavericks	RSP Dolphins 4
9-Feb	8U	Ray's Splash Planet	11:00a	BRT Warriors	TC Titans AJ
9-Feb	8U	Ray's Splash Planet	12:00p	TC Titans Burke	RSP Dolphins 2
9-Feb	8U	Ray's Splash Planet	1:00p	RSP Dolphins 5	AG Lakers

***Upcoming Spring Youth Sports:***

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact 980-314-1116 or email [YouthSports@MecklenburgCountyNC.gov](mailto:YouthSports@MecklenburgCountyNC.gov)

***Adult Sports:***

Registration for spring programs begin in February. For more information please contact [AdultSports@MecklenburgCountyNC.gov](mailto:AdultSports@MecklenburgCountyNC.gov) or visit our website at [www.parkandrec.com](http://www.parkandrec.com)

**Quick Nutrition Tips:**

**Before game**

"Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition."

**Fast Food Option:** Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

**After game**

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day."

**Fast Food Option:** Subway 6" turkey breast sub with fruit