



2019 Youth Flag Football – Regular Season Schedule

Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The **Youth Sports Information and Inclement Weather Hotline (904) 432-3834** will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

Ages 7-8 @ Veterans Park 2136 Central Avenue Charlotte, NC 28205

TS RIVER HAWKS	HG EAGLES	AG PANTHERS
MC HAWKS	MH BULLS	BW JAGUARS
SV WARRIORS	AR RAMS	TUCK TITANS

Day	Date	Time	Field	Home	vs.	Visitor	Bye
Sat	9/09/2019	9:30 AM	2	MC Hawks		AR Rams	SV Warriors
Sat	9/09/2019	10:30 AM	2	HG Eagles		TS River Hawks	
Sat	9/09/2019	11:30 AM	2	AG Panthers		MH Bulls	
Sat	9/09/2019	12:30 PM	2	BW Jaguars		TUCK Titans	
Sat	9/14/2019	9:30 PM	2	SV Warriors		BW Jaguars	AG Panthers
Sat	9/14/2019	10:30 AM	2	TUCK Titans		HG Eagles	
Sat	9/14/2019	11:30 AM	2	MC Hawks		MH Bulls	
Sat	9/14/2019	12:30 PM	2	TS River Hawks		AR Rams	
Sat	9/21/2019	9:30 AM	2	TUCK Titans		TS River Hawks	MH Bulls
Sat	9/21/2019	10:30 AM	2	BW Jaguars		MC Hawks	
Sat	9/21/2019	11:30 AM	2	AR Rams		HG Eagles	
Sat	9/21/2019	12:30 PM	2	AG Panthers		SV Warriors	
Sat	9/28/2019	9:30 AM	2	MH Bulls		BW Jaguars	TS River Hawks
Sat	9/28/2019	10:30 AM	2	AR Rams		AG Panthers	
Sat	9/28/2019	11:30 AM	2	SV Warriors		TUCK Titans	
Sat	9/28/2019	12:30 PM	2	MC Hawks		HG Eagles	
Sat	10/05/2019	9:30 AM	2	AG Panthers		TUCK Titans	HG Eagles
Sat	10/05/2019	10:30 AM	2	MC Hawks		SV Warriors	
Sat	10/05/2019	11:30 AM	2	TS River Hawks		MH Bulls	
Sat	10/05/2019	12:30 PM	2	BW Jaguars		AR Rams	

Denotes BYE

Schedule Continues on Page 2

RAY's Sports & Fitness Focus:

Chicken Sandwich
2 oz chicken breast on whole-grain bread
1 tbsp low-fat mayonnaise
1 cup of salad on sandwich or as a side
1 piece of fruit as a side

Upcoming Youth Sports:

Basketball registration begins October 1.
For more information please contact your nearest Recreation Center or contact the Sports & Fitness – Youth Section staff at 980-314-1116 or email YouthSports@MecklenburgCountyNC.gov

Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. Register today for autumn volleyball and basketball. For more information please contact us at AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com



Community & Recreation Center Services Division
Sports and Fitness Section
Youth Flag Football Regular Season Schedule

Day	Date	Time	Field	Home	vs.	Visitor	Bye
Sat	10/12/2019	9:30 AM	2	HG Eagles		MH Bulls	AR Rams
Sat	10/12/2019	10:30 AM	2	TUCK Titans		MC Hawks	
Sat	10/12/2019	11:30 AM	2	AG Panthers		BW Jaguars	
Sat	10/12/2019	12:30 PM	2	SV Warriors		TS River Hawks	
Sat	10/19/2019	9:30 PM	2	TS River Hawks		AG Panthers	MC Hawks
Sat	10/19/2019	10:30 AM	2	AR Rams		SV Warriors	
Sat	10/19/2019	11:30 AM	2	HG Eagles		BW Jaguars	
Sat	10/19/2019	12:30 PM	2	MH Bulls		TUCK Titans	
Sat	10/26/2019	9:30 AM	2	BW Jaguars		TS River Hawks	TUCK Titans
Sat	10/26/2019	10:30 AM	2	SV Warriors		HG Eagles	
Sat	10/26/2019	11:30 AM	2	MC Hawks		AG Panthers	
Sat	10/26/2019	12:30 PM	2	AR Rams		MH Bulls	
Sat	11/02/2019	9:30 AM	2	MH Bulls		SV Warriors	BW Jaguars
Sat	11/02/2019	10:30 AM	2	TUCK Titans		AR Rams	
Sat	11/02/2019	11:30 AM	2	HG Eagles		AG Panthers	
Sat	11/02/2019	12:30 PM	2	TS River Hawks		MC Hawks	

Denotes BYE

RAY's Sports & Fitness Focus:

**Peanut Butter and Banana
on Graham Crackers**
2 tsp of peanut butter
1 banana
6 graham crackers

Make this snack for during the game

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