

A Snapshot

Tobacco Use In Mecklenburg County



from the
2014 Local Behavior Risk
Factor Surveillance System
(BRFSS) Report

A special report from the Mecklenburg County Health Department, Epidemiology Program

August 2015

Nearly 1 million people
live in Mecklenburg

1 2 6 7 3 0

— Adult current smokers
living in Mecklenburg County

Smoking harms nearly every organ of the body and is a major risk factor for diseases such as Heart Disease, Diabetes and Stroke. According to the Centers for Disease Control, cigarette smoking is the leading preventable cause of death in the United States.

Current smokers among adult residents (18 and older)

Current smoking rates
vary with levels of
education and income.

Note: Current smokers are persons who smoked at least 100 cigarettes during their lifetime and who, at the time of this survey, reported smoking every day or some days.

EDUCATION Levels



No High School Diploma College

Adults without a high school diploma are **nearly three times** more likely to smoke than college graduates.

INCOME Levels

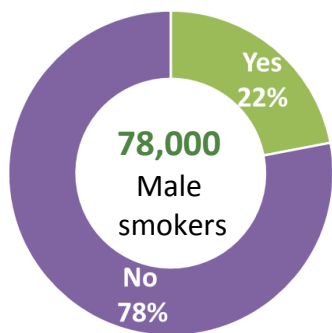
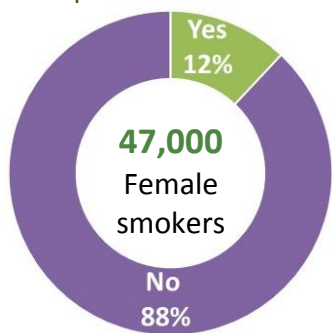


Less than \$50,000 \$50,000+

Adults making less than \$50,000 are **nearly three times** more likely to smoke than persons making \$50,000 or more.

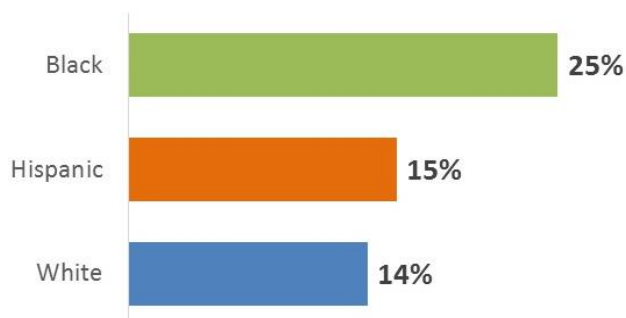
Men more likely to report smoking than women.

Current smoking rates are nearly **twice as high for males** compared to females.



Racial and ethnic minority populations are more likely to report smoking than Whites.

% of Adult Current Smokers by Race/Ethnicity



Data Source:

Mecklenburg County Health Department, Epidemiology Program, 2014 Local Behavior Risk Factor Surveillance System

Smoking Cessation



72% of smokers are trying to quit smoking. That is nearly **3 Out of 4** Smokers

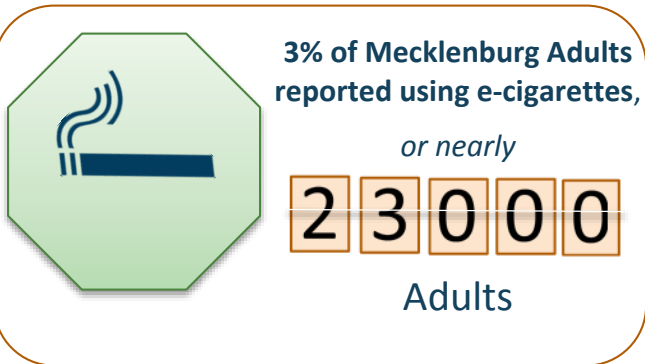
52% of smokers who are trying to quit have been advised by a health professional to stop smoking.

65% of smokers who are trying to quit smoking and have been advised to quit were recommended medications and/or other methods to stop smoking by a health professional.

E-cigarettes and Hookahs

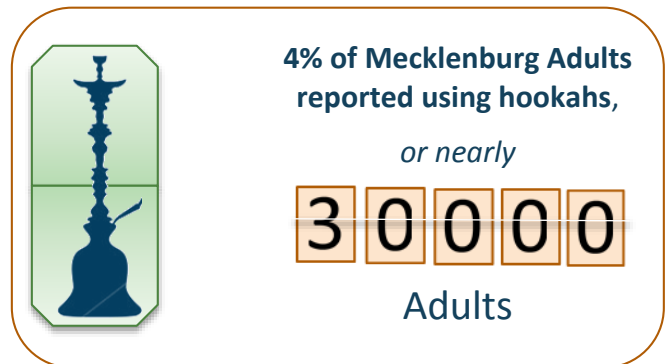
What are E-cigarettes?

Electronic cigarettes, or e-cigarettes, are battery-operated products that deliver nicotine, flavor and other chemicals into the body. They turn chemicals, such as nicotine, into an aerosol that is inhaled by the user.



What are Hookahs?

Hookahs are water pipes that are used to smoke specially made tobacco that comes in different fruit or food flavors. The tobacco used in hookah pipes are no less toxic than that of cigarettes.



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