STOP Violence

From the desk of your local Pediatric Injury Prevention Coordinator
pediatricinjuryprevention@atriumhealth.org
What is a friend?

A friend is a person you like or know. Friends talk to each other and spend time together. They also help each other when they are in trouble or hurt. Friends are people that can be looked up to and trusted.

Draw or write 3 ways that you can be a good friend:

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Whenever I am feeling angry or sad, instead of being violent I can...

List 5 activities that help to calm you down. Pick 1 of those activities to draw in this box.

It is ok to be different because I am me. There is only one of me. That is why I am so unique.

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Match the letters to the numbers and write the secret message

1 = A
2 = B
3 = C
4 = D
5 = E
6 = F
7 = G
8 = H
9 = I
10 = J
11 = K
12 = L
13 = M
14 = N
15 = O
16 = P
17 = Q
18 = R
19 = S
20 = T
21 = U
22 = V
23 = W
24 = X
25 = Y
26 = Z

Answer: Never touch a gun! If you see one, tell an adult and run!

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Answer: Never touch a gun! If you see one, tell an adult and run!
Find-a-word

Gun Safety

Instructions: Find the underlined words in the above find-a-word.

<table>
<thead>
<tr>
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The best way to keep me **safe** is by doing my part to be gun safety **smart**. If I see a gun, I will **stop** what I am doing. I will **not** touch the gun. I will **leave** the area and get as far **away** from the gun as I can. I will **tell** an **adult** right away or **call** an **adult** for **help**. If a friend wants to show me a gun, I will leave and get away **fast**. I am very **smart**. I am very **brave**. I know guns are very **dangerous**. I know that safety **starts** with me!

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Emergency
Who do I call?

If someone has been **hurt**, what number do I call?

If there is a **fire**, what number do I call?

If someone is in **danger**, what number do I call?

I will tell the operator my name: _______________________

and where I am: _______________________

I will stay calm and know that help is on the way.

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<table>
<thead>
<tr>
<th>Buddy or Bully?</th>
<th>Buddy</th>
<th>Bully</th>
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</thead>
<tbody>
<tr>
<td>Someone who does not let you play with the other kids.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
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<tr>
<td>Someone who asks to include others in their game.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
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<tr>
<td>Someone who laughs at you for wearing the wrong uniform.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
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<tr>
<td>Someone who punches you every day at lunchtime.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
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<tr>
<td>Someone who plays with you when you're all alone.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
</tr>
<tr>
<td>Someone who is kind and treats you with respect.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
</tr>
<tr>
<td>Someone who bumps into you and doesn't say sorry.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
</tr>
<tr>
<td>Someone who cares about how other people feel.</td>
<td>![Smiley]</td>
<td>![Sad Face]</td>
</tr>
<tr>
<td>Someone who teases you daily about your hair color.</td>
<td>![Smiley]</td>
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Buddy Pledge
Be a bully blocker and be a great friend!

Fill in the blank spaces and use the letters to complete the sentence below.

I will not be a bully; they tease, and hu_t, and li_.

I will not think it'_ funny, making other _eopl_ _ry. I promise to be a buddy, _o all the ids I see.

Mak_ng frie_ds is better, so a bu dy is what I'll be. I will speak up whe_ I see bullying and r_ach out to tho_e in need.

I will be a better friend, a good per_on I'll be, indeed.

I will others and treat everyone with .


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Keep everywhere you go a Violence Free Zone

From the desk of your local Pediatric Injury Prevention Coordinator
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Staying Safe

Draw a line to match the images on the left with the correct safety device on the right.

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