WHAT YOU SHOULD KNOW ABOUT: HEPATITIS A
A highly contagious liver infection caused by a virus spread from person to person. The illness can last for weeks to months.

How is it Spread?

- Forgetting to wash your hands after using the bathroom or changing diapers
- Having sexual contact with infected partner(s)
- Eating or drinking foods contaminated by hepatitis A

What are the symptoms?

- Throwing up or feeling like throwing up
- Fever
- Yellowing of the eyes and skin

OTHER SYMPTOMS INCLUDE: Dark Pee • Grey Poop • Joint Pain • Feeling Tired • Loss of Appetite • Stomach Pain

How can you protect yourself and prevent the spread?

- Get vaccinated. Visit meckhealth.org for information on clinic locations.
- Wash hands with soap and water before eating/preparing food and after using the bathroom/changing diapers.
- Use a latex condom for any type of sex, and use a water-based lubricant to help reduce the chance of the condom breaking.
- Use a dental dam as a barrier for protection when rimming.