TAKE STEPS TO STAY HEALTHY

and help prevent the spread of flu, common colds, and other respiratory infections:

WASH HANDS OFTEN WITH SOAP AND WATER.

COVER YOUR MOUTH/ NOSE WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING.

AVOID CONTACT WITH PEOPLE WHO ARE SICK.

If you develop any of these symptoms and believe you may be at risk of COVID-19, please call your healthcare provider or the Public Health Department and tell them about any recent travel, exposures, and your current symptoms.

A FEVER

DIFFICULTY BREATHING

A COUGH

MECKLENBURG COUNTY
North Carolina

Public Health

To learn more call:
980-314-9400 or
visit: mecknc.gov or
cdc.gov/coronavirus