

SAFETY GUIDELINES DURING THE COVID-19 OUTBREAK



SOCIAL DISTANCING

- Stay at least 6 feet (2 meters) from other people.
- Exhaust all methods to adhere to this rule before considering 2 man activities. Wear proper PPE when within 6', to include face mask or shield.
 - Consider shift work if necessary, to maintain 6 foot social distancing.



STAY HOME IF SICK

- If you feel sick, stay at home and reference the CDC website.
- If someone appears sick, say something to them, their supervisor, your supervisor. If warranted, they should be asked to leave site and follow proper protocol.



WASH HANDS OFTEN

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- Hand wash stations at entry to project.
 - Hand sanitizer acceptable.
 - Workers required to wash hands entering work area, before and after breaks and meals, and before leaving work area.
 - Disposable towels only.
 - Sanitize locations at least daily, several times a day for heavy usage.



AVOID TOUCHING FACE

To help prevent infections, keep your hands away from your eyes, nose, and mouth.



COVER YOUR MOUTH

- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
 - Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.



ESSENTIAL WORKERS ONLY

- No unnecessary people on jobsite.
- Use technology to assist with communication.



CLEAN SURFACES

- Clean AND disinfect frequently touched surfaces daily. This includes phones, tools, PPE, elevators, tables, doorknobs, light switches, countertops, handles, desks, keyboards, toilets, faucets, and sinks.
- Any shared tools or equipment must be sanitized between users. This includes, but is not limited to, rental machinery or equipment, contractor owned equipment, PPE, power and hand tools, vehicles, tool boxes, ladders.
 - Disinfect all equipment thoroughly at the beginning and end of each workday.
 - Empty jobsite trash cans on a daily basis.



6' DISTANCE IN ELEVATORS

- Post number of personnel allowed in an elevator to ensure personnel maintain 6' social distancing.
- Standing queue with distance markers on the floor every 6 feet.
 - Encourage Stair usage.
 - Consider limiting elevator use for material and handler only.



FRESH AIR

- Encourage outdoor meetings, increase ventilation indoors and use of clean air machines.
- Look at changing the outside air exchange through the HVAC system.
 - Prop doors open whenever possible.



LIMIT GATHERING SIZE

- Minimize gathers for lunch, breaks and meetings to less than 10 people and maintain social distancing.
- No shared use of refrigerators or microwaves.
 - Avoid use of food trucks on all project sites.
 - Consider restricting food & drink to work vehicles or designated break areas.



BEEN IN CONTACT? STAY HOME!

Stay at home and notify your supervisor and follow company policy.



DAILY HEALTH CHECKLIST

- Onsite staff to monitor health.
- GC team to conduct routine morning health check before work begins. Ensure everyone feels healthy.

