

# IPA: Not just ANOTHER ACRONYM!

Read on to learn about an Independent Psychological Assessment (IPA)

## THE IPA ASKS:

1. Who is the youth?
2. What has happened to them?
3. How are they today?
4. What are the recommendations for treatment and services moving forward?

*Water & snacks are provided, as is time for questions and discussion. Please do not bring young children to the debrief.*



**All debriefs are held at 3541  
Randolph Road, Suite 206  
Charlotte NC 28211**

## You already go to so many meetings, we know...

~ but the IPA debrief is not your typical meeting

~ the whole child and family team is invited as reviewing the information together improves communications and lays a solid foundation for the upcoming months as you work together for the best interests of the youth

## Who is welcome at the debrief meeting?

- Social workers
- Foster/kinship caregivers
- Foster agency case worker
- YFS nurse
- Cardinal Innovations care coordinator
- Youth (if 11 or older)
- Guardian ad litem volunteer/staff

School liaison/surrogate parent

Mental health provider

Biological parents

CCPGM Nurse Manager

## Q: What if I tried to be there but now realize I cannot attend?

A: You are welcome to call in during the meeting and remember to ask your social worker for a copy of the IPA report.

## Q: I have questions but forgot to ask them at the debrief?

A: No problem! Our psychologists are always happy to talk with you and welcome your calls. A direct office phone number is listed at the bottom of the report/summary.

*Watch for an invitation from your social worker and put the details on your calendar*



## We have the info and want to share it

One of our psychologists will gather records, meet with the youth, perform clinical assessments and interview all those involved in the child's life

All the info is summarized in a report that is presented at a debrief meeting

Recommendations may include mental health treatments, needed academic assistance, medical next steps, living environment best-case scenarios, pro-social pursuits and trauma specific suggestions.

*We work with the Social Worker to set the date and then we invite the Guardian ad Litem, YFS nurse, Community Care Partners of Greater Mecklenburg Nurse Care Manager and Cardinal Care Coordinator or Independent Living Social Worker. Others are invited by the Permanency Planning Social Worker. More info? Contact [sterling.oliver@teenhealthconnection.org](mailto:sterling.oliver@teenhealthconnection.org)*