

## 2018-2019 Youth Basketball Schedule

### Ages 7-8 At Sugaw Creek

**943 W Sugar Creek Rd, Charlotte, NC 28213**

<p><b>Mecklenburg County Youth Sports Philosophy</b>  <b>To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.</b></p>
<p>*Mecklenburg County has a <b>Zero Tolerance Policy</b> for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.</p>
<p><b>The Youth Sports Information and Inclement Weather Hotline (704) 432-3834</b> will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.</p>
<p><b>INFORMATION</b>          League Rules – Can be located at <a href="http://www.ParkandRec.com">www.ParkandRec.com</a> on the youth basketball web page  <a href="http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx">http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx</a>          Please be sure that you have read and understand our rules and code of conduct.</p>

Date	Age	Location	Time	Home (Light)	Away (Dark)
8-Dec	8U	Sugaw Creek	9:30a	SC Ballers	SC Bulls
8-Dec	8U	Sugaw Creek	10:30a	MC Mountaineers	MC Ballers
8-Dec	8U	Sugaw Creek	11:30a	SC TCE Centaurs	ND Thunder Elite
8-Dec	8U	Sugaw Creek	12:30p	ND Thunder	MC Team Hughes
15-Dec	8U	Sugaw Creek	9:30a	MC Ballers	MC Team Hughes
15-Dec	8U	Sugaw Creek	10:30a	SC Ballers	ND Thunder
15-Dec	8U	Sugaw Creek	11:30a	SC TCE Centaurs	SC Bulls
15-Dec	8U	Sugaw Creek	12:30p	ND Thunder Elite	MC Mountaineers
5-Jan	8U	Sugaw Creek	9:30a	MC Team Hughes	SC TCE Centaurs
5-Jan	8U	Sugaw Creek	10:30a	ND Thunder Elite	ND Thunder
5-Jan	8U	Sugaw Creek	11:30a	MC Mountaineers	SC Ballers
5-Jan	8U	Sugaw Creek	12:30p	MC Ballers	SC Bulls
12-Jan	8U	Sugaw Creek	9:30a	ND Thunder	MC Mountaineers
12-Jan	8U	Sugaw Creek	10:30a	MC Ballers	SC TCE Centaurs
12-Jan	8U	Sugaw Creek	11:30a	ND Thunder Elite	SC Bulls
12-Jan	8U	Sugaw Creek	12:30p	MC Team Hughes	SC Ballers
19-Jan	8U	Sugaw Creek	9:30a	SC Bulls	ND Thunder Elite
19-Jan	8U	Sugaw Creek	10:30a	MC Team Hughes	MC Mountaineers
19-Jan	8U	Sugaw Creek	11:30a	SC Ballers	SC TCE Centaurs
19-Jan	8U	Sugaw Creek	12:30p	ND Thunder	MC Ballers
26-Jan	8U	Sugaw Creek	9:30a	MC Ballers	ND Thunder Elite
26-Jan	8U	Sugaw Creek	10:30a	ND Thunder	SC Ballers
26-Jan	8U	Sugaw Creek	11:30a	SC Bulls	MC Team Hughes
26-Jan	8U	Sugaw Creek	12:30p	MC Mountaineers	SC TCE Centaurs
2-Feb	8U	Sugaw Creek	9:30a	SC TCE Centaurs	ND Thunder
2-Feb	8U	Sugaw Creek	10:30a	SC Bulls	MC Mountaineers
2-Feb	8U	Sugaw Creek	11:30a	SC Ballers	MC Ballers
2-Feb	8U	Sugaw Creek	12:30p	MC Team Hughes	ND Thunder Elite

Date	Age	Location	Time	Home (Light)	Away (Dark)
9-Feb	8U	Sugaw Creek	9:30a	MC Mountaineers	MC Team Hughes
9-Feb	8U	Sugaw Creek	10:30a	ND Thunder Elite	SC Ballers
9-Feb	8U	Sugaw Creek	11:30a	SC TCE Centaurs	MC Ballers
9-Feb	8U	Sugaw Creek	12:30p	SC Bulls	ND Thunder

***Upcoming Spring Youth Sports:***

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact 980-314-1116 or email [YouthSports@MecklenburgCountyNC.gov](mailto:YouthSports@MecklenburgCountyNC.gov)

***Adult Sports:***

Registration for spring programs begin in February. For more information please contact [AdultSports@MecklenburgCountyNC.gov](mailto:AdultSports@MecklenburgCountyNC.gov) or visit our website at [www.parkandrec.com](http://www.parkandrec.com)

**Quick Nutrition Tips:**

**Before game**

“Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition.”

**Fast Food Option:** Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

**After game**

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day.”

**Fast Food Option:** Subway 6” turkey breast sub with fruit