

2018-2019 Youth Basketball Schedule Ages 9-10 "A" at Naomi Drenan 750 Beal St, 28211

<p>Mecklenburg County Youth Sports Philosophy To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.</p>
<p>*Mecklenburg County has a Zero Tolerance Policy for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.</p>
<p>The Youth Sports Information and Inclement Weather Hotline (704) 432-3834 will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.</p>
<p>INFORMATION League Rules – Can be located at www.ParkandRec.com on the youth basketball web page http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx Please be sure that you have read and understand our rules and code of conduct.</p>

9-10 A" at Naomi Drenan

1. PAL Warriors
2. RSP Dolphins 9
3. WG Nets
4. HG Wolfpack Leath

5. AR Beyond Basketball
6. HG Chargers
7. EL Thunderhawks
8. RSP Dolphins 6

Date	Age	Location	Time	Home (Light)	Away (Dark)
5-Jan	10U	Naomi Drenan	1:00p	PAL Warriors	AR BB Blue
5-Jan	10U	Naomi Drenan	2:00p	RSP Dolphins 6	HG Wolfpack Leath
5-Jan	10U	Naomi Drenan	3:00p	HG Chargers	RSP Dolphins 9
5-Jan	10U	Naomi Drenan	4:00p	WG Nets	EL Thunderhawks
12-Jan	10U	Naomi Drenan	1:00p	EL Thunderhawks	RSP Dolphins 9
12-Jan	10U	Naomi Drenan	2:00p	WG Nets	RSP Dolphins 6
12-Jan	10U	Naomi Drenan	3:00p	PAL Warriors	HG Chargers
12-Jan	10U	Naomi Drenan	4:00p	HG Wolfpack Leath	AR BB Blue
19-Jan	10U	Naomi Drenan	1:00p	HG Chargers	HG Wolfpack Leath
19-Jan	10U	Naomi Drenan	2:00p	AR BB Blue	WG Nets
19-Jan	10U	Naomi Drenan	3:00p	EL Thunderhawks	PAL Warriors
19-Jan	10U	Naomi Drenan	4:00p	RSP Dolphins 9	RSP Dolphins 6
26-Jan	10U	Naomi Drenan	1:00p	AR BB Blue	EL Thunderhawks
26-Jan	10U	Naomi Drenan	2:00p	RSP Dolphins 6	HG Chargers
26-Jan	10U	Naomi Drenan	3:00p	RSP Dolphins 9	HG Wolfpack Leath
26-Jan	10U	Naomi Drenan	4:00p	WG Nets	PAL Warriors
2-Feb	10U	Naomi Drenan	1:00p	HG Chargers	WG Nets
2-Feb	10U	Naomi Drenan	2:00p	RSP Dolphins 6	EL Thunderhawks
2-Feb	10U	Naomi Drenan	3:00p	HG Wolfpack Leath	PAL Warriors
2-Feb	10U	Naomi Drenan	4:00p	RSP Dolphins 9	AR BB Blue



Date	Age	Location	Time	Home (Light)	Away (Dark)
9-Feb	10U	Naomi Drenan	1:00p	PAL Warriors	RSP Dolphins 9
9-Feb	10U	Naomi Drenan	2:00p	HG Wolfpack Leath	WG Nets
9-Feb	10U	Naomi Drenan	3:00p	AR BB Blue	RSP Dolphins 6
9-Feb	10U	Naomi Drenan	4:00p	EL Thunderhawks	HG Chargers

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact 980-314-1116 or email YouthSports@MecklenburgCountyNC.gov

Adult Sports:

Registration for spring programs begin in February. For more information please contact AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com

Quick Nutrition Tips:

Before game

“Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition.”

Fast Food Option: Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

After game

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day.”

Fast Food Option: Subway 6” turkey breast sub with fruit