

## 2018-2019 Youth Basketball Schedule

### Ages 5-6 At Elon

**11401 Ardrey Kell Rd, Charlotte, NC 28277**

Mecklenburg County Youth Sports Philosophy

**To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.**

\*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

**The Youth Sports Information and Inclement Weather Hotline (704) 432-3834** will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

INFORMATION

League Rules – Can be located at [www.ParkandRec.com](http://www.ParkandRec.com) on the youth basketball web page

<http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx>

Please be sure that you have read and understand our rules and code of conduct.

Date	Age	Location	Time	Home (Light)	Away (Dark)
8-Dec	6U	Elon	9:30am	EL Thunder	BW Robinson Seminoles
8-Dec	6U	Elon	10:30a	EL Heat	BW Johnson Hawks
8-Dec	6U	Elon	11:30a	BW Moore	WG Avengers
8-Dec	6U	Elon	12:30p	SV G-Force	WG Blazers
15-Dec	6U	Elon	9:30am	BW Johnson Hawks	WG Blazers
15-Dec	6U	Elon	10:30a	EL Thunder	SV G-Force
15-Dec	6U	Elon	11:30a	BW Moore	BW Robinson Seminoles
15-Dec	6U	Elon	12:30p	WG Avengers	EL Heat
5-Jan	6U	Elon	9:30am	WG Blazers	BW Moore
5-Jan	6U	Elon	10:30a	WG Avengers	SV G-Force
5-Jan	6U	Elon	11:30a	EL Heat	EL Thunder
5-Jan	6U	Elon	12:30p	BW Johnson Hawks	BW Robinson Seminoles
12-Jan	6U	Elon	9:30am	SV G-Force	EL Heat
12-Jan	6U	Elon	10:30a	BW Johnson Hawks	BW Moore
12-Jan	6U	Elon	11:30a	WG Avengers	BW Robinson Seminoles
12-Jan	6U	Elon	12:30p	WG Blazers	EL Thunder
19-Jan	6U	Elon	9:30am	BW Robinson Seminoles	WG Avengers
19-Jan	6U	Elon	10:30a	WG Blazers	EL Heat
19-Jan	6U	Elon	11:30a	EL Thunder	BW Moore
19-Jan	6U	Elon	12:30p	SV G-Force	BW Johnson Hawks
26-Jan	6U	Elon	9:30am	BW Moore	EL Heat
26-Jan	6U	Elon	10:30a	SV G-Force	EL Thunder
26-Jan	6U	Elon	11:30a	BW Robinson Seminoles	WG Blazers
26-Jan	6U	Elon	12:30p	BW Johnson Hawks	WG Avengers
2-Feb	6U	Elon	9:30am	BW Moore	SV G-Force
2-Feb	6U	Elon	10:30a	BW Robinson Seminoles	EL Heat
2-Feb	6U	Elon	11:30a	EL Thunder	BW Johnson Hawks

2-Feb	6U	Elon	12:30p	WG Blazers	WG Avengers
Date	Age	Location	Time	Home (Light)	Away (Dark)
9-Feb	6U	Elon	9:30am	EL Heat	WG Blazers
9-Feb	6U	Elon	10:30a	WG Avengers	EL Thunder
9-Feb	6U	Elon	11:30a	BW Moore	BW Johnson Hawks
9-Feb	6U	Elon	12:30p	BW Robinson Seminoles	SV G-Force

***Upcoming Spring Youth Sports:***

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact 980-314-1116 or email [YouthSports@MecklenburgCountyNC.gov](mailto:YouthSports@MecklenburgCountyNC.gov)

***Adult Sports:***

Registration for spring programs begin in February. For more information please contact [AdultSports@MecklenburgCountyNC.gov](mailto:AdultSports@MecklenburgCountyNC.gov) or visit our website at [www.parkandrec.com](http://www.parkandrec.com)

**Quick Nutrition Tips:**

**Before game**

"Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition."

**Fast Food Option:** Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

**After game**

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day."

**Fast Food Option:** Subway 6" turkey breast sub with fruit