

Ages 9-10 Youth Basketball Schedule

Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The **Youth Sports Information and Inclement Weather Hotline (704) 432-3834** will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

INFORMATION

League Rules – Can be located at www.ParkandRec.com on the youth basketball web page
<http://charmeck.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx>
Please be sure that you have read and understand our rules and code of conduct.

Arbor Glen Recreation Center - (980-314-1110)

1520 Clanton Road, 28208

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|-------------------|----------------------|
| 1. EL Rebels | 5. BW Armstrong |
| 2. WG Bulldogs | 6. ND Thunder Elites |
| 3. AG Lakers | 7. EL Lakers |
| 4. BW Cox Pirates | 8. BW Thomas Knicks |

Date	Age	Location	Time	Home Team	Away Team
5-Jan	10U	Arbor Glen	12:30pm	EL Rebels	BW Armstrong
5-Jan	10U	Arbor Glen	1:30pm	BW Thomas Knicks	BW Cox Pirates
5-Jan	10U	Arbor Glen	2:30pm	ND Thunder Elite	WG Bulldogs
5-Jan	10U	Arbor Glen	3:30pm	AG Lakers	EL Lakers
12-Jan	10U	Arbor Glen	12:30pm	EL Lakers	WG Bulldogs
12-Jan	10U	Arbor Glen	1:30pm	AG Lakers	BW Thomas Knicks
12-Jan	10U	Arbor Glen	2:30pm	EL Rebels	ND Thunder Elite
12-Jan	10U	Arbor Glen	3:30pm	BW Cox Pirates	BW Armstrong
19-Jan	10U	Arbor Glen	12:30pm	ND Thunder Elite	BW Cox Pirates
19-Jan	10U	Arbor Glen	1:30pm	BW Armstrong	AG Lakers
19-Jan	10U	Arbor Glen	2:30pm	EL Lakers	EL Rebels
19-Jan	10U	Arbor Glen	3:30pm	WG Bulldogs	BW Thomas Knicks
26-Jan	10U	Arbor Glen	12:30pm	BW Armstrong	EL Lakers
26-Jan	10U	Arbor Glen	1:30pm	BW Thomas Knicks	ND Thunder Elite
26-Jan	10U	Arbor Glen	2:30pm	WG Bulldogs	BW Cox Pirates
26-Jan	10U	Arbor Glen	3:30pm	AG Lakers	EL Rebels
2-Feb	10U	Arbor Glen	12:30pm	ND Thunder Elite	AG Lakers
2-Feb	10U	Arbor Glen	1:30pm	BW Thomas Knicks	EL Lakers
2-Feb	10U	Arbor Glen	2:30pm	BW Cox Pirates	EL Rebels
2-Feb	10U	Arbor Glen	3:30pm	WG Bulldogs	BW Armstrong

Date	Age	Location	Time	Home Team	Away Team
9-Feb	10U	Arbor Glen	12:30pm	EL Rebels	WG Bulldogs
9-Feb	10U	Arbor Glen	1:30pm	BW Cox Pirates	AG Lakers
9-Feb	10U	Arbor Glen	2:30pm	BW Armstrong	BW Thomas Knicks
9-Feb	10U	Arbor Glen	3:30pm	EL Lakers	ND Thunder Elite

Sports & Fitness Focus:

Chicken Sandwich

2 oz chicken breast on whole-grain bread
1 tbsp low-fat mayonnaise
1 cup of salad on sandwich or as a side
1 piece of fruit as a side

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact the Sports & Fitness staff on 980-314-1116 or email YouthSports@MecklenburgCountyNC.gov

Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. For more information contact AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com