

2018-2019 Youth Basketball Schedule

Ages 9-10 "C" at Albemarle Rd

5027 Idlewild Rd, 28227

<p>Mecklenburg County Youth Sports Philosophy</p> <p>To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.</p>
<p>*Mecklenburg County has a Zero Tolerance Policy for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.</p>
<p>The Youth Sports Information and Inclement Weather Hotline (704) 432-3834 will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.</p>
<p>INFORMATION</p> <p>League Rules – Can be located at www.ParkandRec.com on the youth basketball web page http://charmec.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx Please be sure that you have read and understand our rules and code of conduct.</p>

9-10 "C" at Albemarle Road

1. BRT Panthers
2. MH Bulls Red
3. HG Blue Devils
4. HG Hoyas

5. AR Walker Rams
6. HG Williams
7. PAL Thunder
8. MH Bulls Black

Date	Age	Location	Time	Home (Light)	Away (Dark)
5-Jan	10U	Albemarle Road	12:30p	BRT Panthers	AR Walker Rams
5-Jan	10U	Albemarle Road	1:30p	MH Bulls Black	HG Hoyas
5-Jan	10U	Albemarle Road	2:30p	HG Williams	MH Bulls Red
5-Jan	10U	Albemarle Road	3:30p	HG Blue Devils	PAL Thunder
12-Jan	10U	Albemarle Road	12:30p	PAL Thunder	MH Bulls Red
12-Jan	10U	Albemarle Road	1:30p	HG Blue Devils	MH Bulls Black
12-Jan	10U	Albemarle Road	2:30p	BRT Panthers	HG Williams
12-Jan	10U	Albemarle Road	3:30p	HG Hoyas	AR Walker Rams
19-Jan	10U	Albemarle Road	12:30p	HG Williams	HG Hoyas
19-Jan	10U	Albemarle Road	1:30p	AR Walker Rams	HG Blue Devils
19-Jan	10U	Albemarle Road	2:30p	PAL Thunder	BRT Panthers
19-Jan	10U	Albemarle Road	3:30p	MH Bulls Red	MH Bulls Black
26-Jan	10U	Albemarle Road	12:30p	AR Walker Rams	PAL Thunder
26-Jan	10U	Albemarle Road	1:30p	MH Bulls Black	HG Williams
26-Jan	10U	Albemarle Road	2:30p	MH Bulls Red	HG Hoyas
26-Jan	10U	Albemarle Road	3:30p	HG Blue Devils	BRT Panthers
2-Feb	10U	Albemarle Road	12:30p	HG Williams	HG Blue Devils
2-Feb	10U	Albemarle Road	1:30p	MH Bulls Black	PAL Thunder
2-Feb	10U	Albemarle Road	2:30p	HG Hoyas	BRT Panthers
2-Feb	10U	Albemarle Road	3:30p	MH Bulls Red	AR Walker Rams

Date	Age	Location	Time	Home (Light)	Away (Dark)
9-Feb	10U	Albemarle Road	12:30p	BRT Panthers	MH Bulls Red
9-Feb	10U	Albemarle Road	1:30p	HG Hoyas	HG Blue Devils
9-Feb	10U	Albemarle Road	2:30p	AR Walker Rams	MH Bulls Black
9-Feb	10U	Albemarle Road	3:30p	PAL Thunder	HG Williams

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact 980-314-1116 or email YouthSports@MecklenburgCountyNC.gov

Adult Sports:

Registration for spring programs begin in February. For more information please contact AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com

Quick Nutrition Tips:

Before game

“Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition.”

Fast Food Option: Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

After game

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day.”

Fast Food Option: Subway 6” turkey breast sub with fruit