

Ages 13-14 Youth Basketball Schedule

Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The **Youth Sports Information and Inclement Weather Hotline (704) 432-3834** will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

INFORMATION

League Rules – Can be located at www.ParkandRec.com on the youth basketball web page
<http://charmeck.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx>
Please be sure that you have read and understand our rules and code of conduct.

Bette Rae Thomas Recreation Center - (980-314-1111)

2921 Tuckaseegee Rd, 28208

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|------------------------|-----------------------|
| 1. EL Carolina Hornets | 5. BW Parrott G-Squad |
| 2. HG NYDA Lions | 6. MC All-Stars |
| 3. MC Golden Bulls | 7. CR Legends |
| 4. WC Hill Bobcats 3 | 8. PAL Mavs |

Date	Age	Location	Time	Home Team	Away Team
5-Jan	14U	Bette Rae Thomas	1:00pm	WC Hill Bobcats 3	BW Parrott G-Squad
5-Jan	14U	Bette Rae Thomas	2:00pm	PAL Mavs	EL Carolina Hornets
5-Jan	14U	Bette Rae Thomas	3:00pm	MC All-Stars	MC Golden Bulls
5-Jan	14U	Bette Rae Thomas	4:00pm	HG NYDA Lions	CR Legends
12-Jan	14U	Bette Rae Thomas	1:00pm	CR Legends	MC Golden Bulls
12-Jan	14U	Bette Rae Thomas	2:00pm	HG NYDA Lions	PAL Mavs
12-Jan	14U	Bette Rae Thomas	3:00pm	WC Hill Bobcats 3	MC All-Stars
12-Jan	14U	Bette Rae Thomas	4:00pm	EL Carolina Hornets	BW Parrott G-Squad
19-Jan	14U	Bette Rae Thomas	1:00pm	MC All-Stars	EL Carolina Hornets
19-Jan	14U	Bette Rae Thomas	2:00pm	BW Parrott G-Squad	HG NYDA Lions
19-Jan	14U	Bette Rae Thomas	3:00pm	CR Legends	WC Hill Bobcats 3
19-Jan	14U	Bette Rae Thomas	4:00pm	MC Golden Bulls	PAL Mavs
26-Jan	14U	Bette Rae Thomas	1:00pm	BW Parrott G-Squad	CR Legends
26-Jan	14U	Bette Rae Thomas	2:00pm	PAL Mavs	MC All-Stars
26-Jan	14U	Bette Rae Thomas	3:00pm	MC Golden Bulls	EL Carolina Hornets
26-Jan	14U	Bette Rae Thomas	4:00pm	HG NYDA Lions	WC Hill Bobcats 3
2-Feb	14U	Bette Rae Thomas	1:00pm	MC All-Stars	HG NYDA Lions
2-Feb	14U	Bette Rae Thomas	2:00pm	PAL Mavs	CR Legends
2-Feb	14U	Bette Rae Thomas	3:00pm	EL Carolina Hornets	WC Hill Bobcats 3
2-Feb	14U	Bette Rae Thomas	4:00pm	MC Golden Bulls	BW Parrott G-Squad

Date	Age	Location	Time	Home Team	Away Team
9-Feb	14U	Bette Rae Thomas	1:00pm	WC Hill Bobcats 3	MC Golden Bulls
9-Feb	14U	Bette Rae Thomas	2:00pm	EL Carolina Hornets	HG NYDA Lions
9-Feb	14U	Bette Rae Thomas	3:00pm	BW Parrott G-Squad	PAL Mavs
9-Feb	14U	Bette Rae Thomas	4:00pm	CR Legends	MC All-Stars

Quick Nutrition Tips:

Before game

“Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition.” **Fast Food Option**
Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

After game

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day.”

Fast Food Option:

Subway 6” turkey breast sub with fruit

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact the Sports & Fitness staff on 980-314-1116 or email YouthSports@MecklenburgCountyNC.gov

Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. Registration for spring programs begin in February. For more information please contact AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com