

Ages 11-12 Youth Basketball Schedule

Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The **Youth Sports Information and Inclement Weather Hotline (704) 432-3834** will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

INFORMATION

League Rules – Can be located at www.ParkandRec.com on the youth basketball web page
<http://charmeck.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx>
Please be sure that you have read and understand our rules and code of conduct.

Southview Recreation Center - (980-314-1105)

1720 Vilma St, 28208

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|---------------|----------------|
| 1. SC Kings | 4. HG App Rams |
| 2. ND Thunder | 5. BRT Havoc |
| 3. PAL Heat | 6. SV Warriors |

Date	Age	Location	Time	Home Team	Away Team
5-Jan	12U	Southview	1:30pm	SC Kings	ND Thunder
5-Jan	12U	Southview	2:30pm	PAL Heat	HG App Rams
5-Jan	12U	Southview	3:30pm	BRT Havoc	SV Warriors
12-Jan	12U	Southview	1:30pm	PAL Heat	BRT Havoc
12-Jan	12U	Southview	2:30pm	SV Warriors	SC Kings
12-Jan	12U	Southview	3:30pm	ND Thunder	HG App Rams
19-Jan	12U	Southview	1:30pm	SV Warriors	PAL Heat
19-Jan	12U	Southview	2:30pm	BRT Havoc	ND Thunder
19-Jan	12U	Southview	3:30pm	HG App Rams	SC Kings
26-Jan	12U	Southview	1:30pm	BRT Havoc	HG App Rams
26-Jan	12U	Southview	2:30pm	ND Thunder	SV Warriors
26-Jan	12U	Southview	3:30pm	SC Kings	PAL Heat
2-Feb	12U	Southview	1:30pm	HG App Rams	SV Warriors
2-Feb	12U	Southview	2:30pm	SC Kings	BRT Havoc
2-Feb	12U	Southview	3:30pm	PAL Heat	ND Thunder
9-Feb	12U	Southview	1:30pm	ND Thunder	SC Kings
9-Feb	12U	Southview	2:30pm	HG App Rams	PAL Heat
9-Feb	12U	Southview	3:30pm	SV Warriors	BRT Havoc

Quick Nutrition Tips:

Before game

“Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition.” **Fast Food Option**

Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

After game

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day.”

Fast Food Option:

Subway 6” turkey breast sub with fruit

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact the Sports & Fitness staff on 980-314-1116 or email YouthSports@MecklenburgCountyNC.gov

Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. Registration for spring programs begin in February. For more information please contact AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com