

# MASTERS SWIMMING

The Aquatics Centers Masters program is open to all adult swimmers (fitness, triathlete, competitive, non-competitive) who are dedicated to improving their fitness through swimming.

## Practice Times

### Monday-Friday

6:00am—7:30am

12:00pm—1:00pm

### Saturday

7am—8:30am

## Rates

Member—\$35/Month

Non-Member—\$55/Month

Drop In Fee—\$8



Must be US Masters member to swim with the Masters Program. Registration is available at [usms.org](http://usms.org)

## Advantages of an organized Masters Program

- ◆ **Structured workout with a coach**
- ◆ **Multiple swim times**
- ◆ **Active support for a healthy lifestyle through friendship and camaraderie**



Mecklenburg County  
Park and Recreation

*The Natural Place  
To Be...*

Mecklenburg County Aquatic Center

800 E. Martin Luther King Jr. Blvd.

Charlotte, NC 28202

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