



Long Term Care Facilities (COVID) Guidance

CDC

<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html> [cdc.gov]

NC DHHS

<https://covid19.ncdhhs.gov/guidance#long-term-care-facilities>

In general, the best practices for these establishments consist of three general ideas:

1. Minimize person to person contact, and practice good hand hygiene:
 - Provide tissues and no-touch disposal receptacles for use by employees.
 - Instruct employees to clean their hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol or wash their hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.
 - Provide soap and water and alcohol-based hand rubs in the workplace. Ensure that adequate supplies are maintained. Place hand rubs in multiple locations or in conference rooms to encourage hand hygiene.
 - Encourage use of tissues and proper coughing/sneezing etiquette.
2. Separate sick individuals and stay home when symptomatic
 - Individuals who have symptoms of acute respiratory illness are recommended to stay home and not come to work or school until they are free of fever (100.4° F [37.8° C] or greater using an oral thermometer), signs of a fever, and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants).
3. Perform routine environmental cleaning.
 - Routinely clean frequently touched surfaces (e.g., doorknobs, light switches, countertops) with the cleaners typically used. Use all cleaning products according to the directions on the label.
 - Provide disposable wipes so that commonly used surfaces (e.g., keyboards, desks, remote controls) can be wiped down by students and staff before each use.