

Mecklenburg County Public Health Community Resource Guide

Updated November 2018

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ABUSE & NEGLECT			
Name	Location	Hours	Brief Description
NOVA (New Options for Violent Actions) 704-336-4344	3623 Latrobe Dr. #107 Charlotte, NC	Tues, Thursday, Saturday Call for information	Educational Program for Perpetrators of Domestic Violence
Reporting/ Investigation – DSS 704-336-3000	301 Billingsley Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Conducts Investigations, Family Assessments, In-Home Case Management, and Administers Foster Care and Adoption Services.
Safe Alliance 704-336-4126	720 E. 4 th St. #204 Charlotte, NC	Monday – Friday: 8:00-5:00	Sexual Assault/Domestic Violence
CHILD CARE			
Name	Location	Hours	Brief Description
Charlotte Care Services, Inc. 704-335-0501	310 E. Blvd. #7 Charlotte, NC	Monday – Friday: 9:00-5:00	Providing Families with Child Care
Childcare Resources, Inc. 704-376-6697	4600 Park Rd. Suite 400 Charlotte, NC	Monday – Friday: 8:00-5:00	Early Education Child Care with Subsidies Available
Head Start 704-375-1417 (Many other options and locations available)	2705 Baltimore Ave. Charlotte, NC (Many other options and locations available)	Monday – Friday: 8:00-5:00	Early Childhood Learning Center
Kids R Kids Learning Academy of Charlotte 704-503-4001	2115 Ben Craig Dr. Charlotte, NC	Monday – Friday: 6:30 AM-6:30 PM	Curriculum-Based Child Care from 6 weeks to 12 years old.
CHILDREN, YOUTH, & FAMILIES			
Name	Location	Hours	Brief Description
100 Black Men of Charlotte 704-375-7300	740 W. 5th St. #206 Charlotte, NC	Call for information	Education & Mentoring for Young African Americans
A Child's Place 704-343-3790	601 E. 5th St. #230 Charlotte, NC	Monday – Friday: 9:00-4:00	Support for Homeless Children
After School Enrichment Program CMS schools 980-343-3000	CMS schools	Monday – Friday: 8:00-5:00	After School Programs for Students
Alexander Youth Network 704-366-8712	6220 Thermal Rd. Charlotte, NC	Monday – Friday: 8:30-5:00	Mental Health Services

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Amigos de Cristo - Huntersville Presbyterian Church 704-892-8566	201 S. Old Statesville Rd. Charlotte, NC	Tuesday: 4:30-6:00	Tutoring for Latino/Hispanic Children K-5
Bethlehem Center of Charlotte 704-375-1417	2705 Baltimore Ave. Charlotte, NC	Monday-Friday 8:00-5:00	Early Childhood Development Programs, Out of School Time Enrichment Programs, and Scholarship Funds
Big Brothers Big Sisters of Greater Charlotte 704-910-1301	3801 E. Independence Blvd. #101 Charlotte, NC	Monday – Friday: 8:00-5:00	Mentoring Program
Boys and Girls Club 704-523-0394	904 Marsh Rd Charlotte, NC	Monday – Friday: 8:00-5:00	After School & Summer Camp Programs
Boy Scouts of America 704-333-5471	1410 E. 7th St. Charlotte, NC	Monday-Friday 8:45-5	Activities and Programs Outside School Hours for Young Boys
Bright Hopes, Inc. 704-535-2759	6801 Monroe Rd Charlotte, NC 28212	Monday – Friday: 8:00-5:00	Improving School Attendance
Care Coordination for Children (CC4C) 980-314-9340	2845 Beatties Ford Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Help with Finding Medical Care, Transportation, Child Care, and/or Financial Aid, etc. Children 0-5 Years Old
Charlotte Center for Balanced Living 704-378-1390	2125 Southend Dr. #452 Charlotte, NC	By Appointment	Therapies for Anxiety, Depression, Disordered Eating, Relationship Issues, Self-Esteem, Etc.
Child Proof Advice 704-364-9817	4036 Bannockburn Pl. Suite I Charlotte, NC	Sunday – Saturday: 8:30-5:30	Programs for Caregivers to Improve the Safety of their Child
Child Support Enforcement 704-432-9300	901 Blairhill Rd Charlotte, NC 28217	Monday – Friday: 8:00-5:00	Help with Child Support
Children’s Developmental Services Agencies (CDSA) 704-336-7100	3500 Ellington St. Charlotte, NC	Monday – Friday: 8:00-5:00	Serve Children with Special Needs
CMS Parent University 980-343-3000	Smith Family Center 1600 Tyvola Rd. Charlotte, NC	Monday-Friday 8:00-5:00	Help Parents Become Full Partners in Child's Education
Community Care Partners of Greater Mecklenburg 704-512-5555	4701 Hedgemore Dr. Charlotte, NC	Monday – Friday: 8:00-5:00	Care Management for Medicaid Access II Patients

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Council for Children's Rights 704-372-7961	601 E. 5 th St. #510 Charlotte, NC	Monday – Friday: 8:30-5:00	Help Children with Mental Health Needs, Unmet Health Needs, Involvement with Juvenile Court, History of Violence, Custody Issues.
Exceptional Children's Assistance Center 704-892-1321	907 Barra Row #102/103 Davidson, NC	Monday – Friday: 8:00-5:00	Children with Disabilities
Family Outreach and Counseling Center 704-469-1501	200 W. Sugar Creek Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Children with Mental Health Disabilities
Florence Crittenton Services 704-372-4663	1300 Blythe Blvd. Charlotte, NC	Call for appointment	Prenatal Care, Adoption and Parenting Support Services, & Substance Use Treatment and Intervention.
Genesis Project 1 704-596-0505	5108 Reagan Dr. Charlotte, NC	Monday – Friday: 8:00-5:00	Programs that Address Poverty, Addiction, Oppression, & Abuse
Girl Scouts Hornet's Nest Council 704-731-6500	7007 Idlewild Rd. Charlotte, NC	Monday-Friday 9:00-5:00	Activities and Programs Outside School Hours for Young Girls
Girl Talk Foundation, Inc. 704-999-8520	809 Hill St-C Charlotte, NC	Monday – Friday: 8:00-5:00	Programs to Empower Young Girls
Girls on the Run 704-376-9817	801 E. Morehead St. #201 Charlotte, NC	Monday – Friday: 8:00-5:00	Experienced Based Curriculum for Girls that Incorporates Running
La Leche League of North Carolina 423-991-1899	Earthfare 12235 N. Community House Rd. Charlotte, NC	3 rd Saturday: 10:00 AM	Questions about Breastfeeding
The Learning Collaborative 704-377-8076	3241 Sam Drenan Rd Charlotte, NC	Monday – Friday: 8:00-2:00	Preparing Children for School
LifeSpan Creative Campus Center City 704-333-7109	601 N. Graham St. Charlotte, NC	Call for information	Educational Activities
Little Smiles 704-939-6883	6760 Nathan Ave. Cornelius, NC	Monday-Friday 9:00-5:00	Help Children in Hospitals
Make a Wish Foundation 704-339-0334	1131 Harding Pl. Charlotte, NC	Monday – Friday: 8:00-5:00	Children with Life-Threatening Illnesses
Pat's Place Child Advocacy Center 704-335-2760	901 E. Blvd. Charlotte, NC	Monday – Friday: 8:00-5:00	Healing from Sexual Abuse

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Police Activities League 704-336-2102	1330 Spring St. Charlotte, NC	Call for information	Enhance Lives of Youth and Young Adults
Project One Scholarship Fund 704-241-4994	2438 Hassell Pl. Charlotte, NC	Call for information	Scholarship and Tools for College Success
Renfrew Center 800-736-3739	6633 Fairview Rd. Charlotte, NC	Call for an appointment	Treatment of Anorexia, Bulimia, Binge Eating Disorder, and Other Related Mental Illnesses.
Safe Kids Charlotte Mecklenburg 704-208-6428 Janice.williams@carolinashealthcare.org	PO Box 3286 MEB 3	Various Events and Times	Preventing Childhood Injury
TEACCH Center 704-563-4103	5701 Executive Center Dr. #108 Charlotte, NC	Monday – Friday: 8:30-5:00	Children with Autism
Teen Health Connection 704-381-8336	3541 Randolph Rd. #206 Charlotte, NC	Monday – Friday: 8:00-5:00	Health Services for Teens
The Compassionate Friends 704-315-6913	8015 Ballantyne Commons Parkway Charlotte, NC	3 rd Tuesday of each month: 7:00 PM	Support Groups for those Grieving the Loss of a Child
Time Out Youth 704-344-8335	2320-A N. Davidson St. Charlotte, NC	Monday – Friday: 8:00-5:00	LBGTQ Center
Triple P (Positive Parenting Program) 980-314-9128	249 Billingsley Rd Charlotte, NC	Call for information	Gives Parenting Tips for Big and Small Problems of Family Life
CLOTHING & HOUSEHOLD GOODS			
Name	Location	Hours	Brief Description
Assistance League of Charlotte 704-525-5228	3405 S. Tryon St. Charlotte, NC	Tuesday, Thursday, Friday, Saturday: 10:00-4:00	Food & Clothing for Children and Families
Beds for Kids 980-422-1192	2519 S. Tryon St. Charlotte, NC	Monday-Friday: 8:00-4:00	Provides Kids with Beds & Other Needed Furniture.
Crisis Assistance Ministry 704-371-3001	500A Spratt St. Charlotte, NC	Monday – Friday: 8:00-5:00	Assistance for People in Financial Crisis
Dress for Success 704-525-7706	500 Clanton Rd. Suite A Charlotte, NC	Monday – Friday: 9:00-5:00	Empower Women by Providing a Network of Support, Professional Attire, and Development Tools to help Women Thrive in Work and Life

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Goodwill Industries 704-372-3434 704-394-6017	5301 Wilkinson Blvd Charlotte, NC	Monday-Friday: 8:00-4:30 Outlet open until 9pm	20 Stores in Surrounding Mecklenburg County
Jackson Park Ministries 704-392-4981	5415 Airport Rd. Charlotte, NC	Call for information	Clothing Outreach
Lydia's Loft 704-948-7797	203 N. Old Statesville Rd. Huntersville, NC	Tuesday & Thursday: 9:00-4:00 Wednesday: 4:30-7:00 Saturday: 9:00-12:00	Clothing & Household Items Free of Charge to Those in Need
Matthews Help Center 704-847-8383	119 N. Ames St. Matthews, NC	Monday – Saturday: 10:00-5:00	Donated Clothing and Household Items Provided at No Cost to Qualifying Individuals
Salvation Army 704-544-8540	1011 Central Ave. Charlotte, NC	Monday-Saturday: 10:00-7:00	Family Store
DENTISTRY			
Name	Location	Hours	Brief Description
Carolina Kids Dentistry 704-790-0590	5829 Phyliss Ln. Mint Hill, NC	Monday – Thursday: 7:30-5:30	Accepts Medicaid. Dentistry for Children until age 18 and Adults with Disabilities.
Carolinas Family Dental Care 704-535-8794	6800 Democracy Dr. #100 Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
Central Avenue Dental 704-980-9993	3410 Central Ave. Charlotte, NC	Monday – Thursday: 8:00-5:00	Family Dentistry. Accepts Medicaid. Speaks English & Spanish.
East Charlotte Dental 704-568-8076	7128 Lawyers Rd. Charlotte, NC	Monday – Thursday: 8:00-5:00 Friday: 8:00-3:00	Dentistry for All Ages. Accepts Medicaid.
Mecklenburg County Health Department Children's Dentistry Program 980-314-9600	CMC – Biddle Point 1801 Rozzelles Ferry Road Charlotte, NC	Monday – Friday: 7:00-5:30	Dentistry Services for Children 17 Years Old and Younger Accepts Medicaid
Smile Starters Kids Dentist 704-393-3911 704-921-0204	3053 Freedom Dr. Charlotte, NC 4901 N. Tryon St. Charlotte, NC	Call for an appointment	Accepts Medicaid.

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Southpark Pediatric Dentistry 704-749-5700	2700 Coltsgate Rd. #204 Charlotte, NC	Monday – Thursday: 8:00-5:00 Friday: 8:00-1:00	Dentistry for Infants, Children, Teenagers, and Kids with Special Needs.
Young and Polite Children’s Dentistry 980-245-3451	11010 S. Tryon St. #101 Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Uninsured.

DISABLED ADULTS

Name	Location	Hours	Brief Description
ARC – Mecklenburg County 704-332-4535	3900 Park Road Ste. C Charlotte, NC	Call for information	Serves Individuals with Intellectual and Developmental
Community Alternative Program – Disabled Adults (CAP-DA) 704-336-4674	249 Billingsley Road Charlotte, NC	Monday – Friday: 8:00-5:00	Allows Disabled Adults to Receive Services in their Home. An Alternative to a Nursing Home.
Disability Rights and Resources 704-537-0550	5801 Executive Center Dr. #101 Charlotte, NC	Monday – Friday: 8:00-5:00	Advocacy-Based, Consumer-Controlled, Community-Embedded Center that Advocates With and Serves as Mentors for People with Disabilities
First in Families 704-536-6661	4530 Park Rd Ste. #300 Charlotte, NC	Call for information	Fulfill the Needs and Life Goals of Families with Disabilities
Independent Living for People with Disabilities 704-568-8804	5501 Executive Center Dr. #101 Charlotte, NC	Call for information	Counseling, Rehabilitation Engineering, Home/Vehicle Modifications, Independent Living Skills Training, Assistance, Etc.

FINANCIAL ASSISTANCE

Name	Location	Hours	Brief Description
Crisis Assistance Ministry 704-371-3001	500A Spratt St. Charlotte, NC	Monday – Friday: 8:00-5:00	Emergency Assistance
First Hand Foundation 816-201-1569	2800 Rockcreek Pkwy Kansas City, MO	Call for information	Funds for Children with Health Needs after Insurance is
Godstock 704-857-7011	P.O. Box 661 China Grove, NC 28023	Call for information	Provides Financial Support to Families of Chronically Ill Children

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Good Fellows Club 704-333-5040	700 Parkwood Ave. Charlotte, NC	Call for information	Emergency Assistance for Families throughout the Year
Goodfriends 704-523-1222	1307 W Morehead #207 Charlotte NC	Call for information	Monetary Assistance Referral needed
Matthews Help Center 704-847-8383	119 N. Ames St. Matthews, NC	Mon-Sat 10:00-5:00	Helping Ease Local Poverty Financial Crisis Assistance Food Pantry, Thrift Shop, Community Referrals
NC MedAssist 704-536-1790	4428 Taggart Creek Rd. #101 Charlotte, NC	Monday – Friday: 8:00-4:30	Helping the Uninsured Receive Affordable Medicine
United Health Care Children’s Foundation 855-698-4223	P.O. Box 41 Minneapolis, MN 55440-0041	Call for information	Grant that Assists Families who have Insurance but Insurance Denies Claim. Up to \$5,000.
Work First/TANF 704-336-3000	301 Billingsley Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Cash Assistance Medicaid coverage

FOOD

Name	Location	Hours	Brief Description
Charlotte Area Fund 704-372-3010	901 N. Tryon St. Charlotte, NC	Monday – Friday: 8:00-5:00	Emergency Food Case Mangement
Dilworth Soup Kitchen at First Christian Church 704-334-3771	1200 East Blvd. Charlotte, NC	Monday: 11:30-12:30	Lunch served every Monday
Food and Nutrition Services (EBT card) - DSS 704-336-3000	301 Billingsley Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Provides Financial Assistance for Food
Friendship Trays 704-333-9229	2401-A Distribution St. Charlotte, NC	Monday-Friday 8:00-2:00	Delivers Balanced Meals to Elderly and Infirm community members in home
Harvest Center 704-335-1616	2225 Freedom Dr Charlotte, NC	Monday – Friday: 8:00-4:00	Food Community Support Community Referrals
Loaves and Fishes 704-523-4333	Provides Food for 20 Emergency Food Pantries throughout Mecklenburg County List of Food Pantries: http://www.loavesandfishes.org/food-pantries/		
Urban Ministry Center 704-347-0278	945 N. College St. Charlotte, NC	Monday – Friday: 8:30-4:30	Food Every Day Services for Homeless Substance Abuse Services

GENERAL MEDICAL			
Name	Location	Hours	Brief Description
Centro Medico Latino 704-333-0465	3541 Randolph Rd. #303 Charlotte, NC	Monday – Friday: 8:00-5:00 Saturday: 6:00-4:00	Accepts Medicaid and Uninsured. Speaks Spanish.
Charlotte Community Health Clinic 704-316-6561	8401 Medical Plaza Dr. #300 Charlotte, NC	Hours and Services Vary Per Day.	Health Services to Low-Income and Uninsured Adults and Children.
CMC Biddle Point 704-446-9987	1801 Rozzelles Ferry Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
CMC Elizabeth Family Medicine 704-304-7000	2001 Vail Avenue Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
CMC Myers Park Pediatric Clinic 704-446-1422	1350 South Kings Dr. Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
CMC North Park 704-446-9991	251 Eastway Dr. Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
Free & Low Cost Clinics Phone Numbers Vary	See Link Below for List of Free & Lost Cost Clinics: http://charmeck.org/mecklenburg/county/HealthDepartment/Pages/FreeandLowCostClinics.aspx		
Grace Medical Clinic 704-409-3000	2401 Tuskascegee Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
MidCarolina Pediatrics 704-588-0232	2607 W. Arrowood Rd. Charlotte, NC	Monday – Friday: 7:00-5:00 Saturday: 7:00-1:00	Accepts Medicaid. Speaks Spanish.
NC MedAssist 704-536-1790	4428 Taggart Creek Rd. Suite 101 Charlotte, NC	Monday – Friday: 8:00-4:30	Free pharmacy for low income and uninsured residents
Novant Health Waverly Pediatrics and Primary Care 704-384-1166	11840 Southmore Dr. #200 Charlotte, NC	Monday – Friday: 8:00-5:00	Accepts Medicaid.
Novant Health Township Pediatrics of Matthews 704-847-0572	201 E. Matthews St. #100 Matthews, NC	Monday – Friday: 8:30-5:00	Accepts Medicaid.
HIV RESOURCES			
Name	Location	Hours	Brief Description
HIV Case Management 980-314-9296	3552 Beatties Ford Rd. Charlotte, NC	Monday – Friday: 9:00-5:00	Case Management for HIV Patients

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HIV Testing 980-999-5295	1416 Beatties Ford Rd. Charlotte, NC (Power House Project)	Monday – Thursday: 11:00-7 2 nd & 4 th Thursdays: 11:00 – midnight	Free HIV Testing. (Walk-In Testing) Schedule On-line Testing Appts. @ powerhousecharlotte.org
Regional Aids Interfaith Network (RAIN) 704-372-7246	601 E. 5th St. #470 Charlotte, NC	Monday – Friday: 9:00-5:00	Personalized Care for Patients and Families with HIV
Sexually Transmitted Disease Control Clinic 704-336-6500	2845 Beatties Ford Rd. Charlotte, NC 249 Billingsley Rd. Charlotte, NC	Monday, Tuesday, Thursday, Friday: 8:00-4:00 Wednesday: 10:00-6:00	Free Physical Examination, Screening & Treatment for STD. Pre-counseling for HIV Test

HOUSING: APARTMENTS

Name	Location	Hours	Brief Description
940 Brevard Apartments 704-714-2110	940 Brevard St. Charlotte, NC	Monday – Friday: 9:00-5:00	Senior & Project Based Section 8 for the Elderly
Arbor Glen Apartments 704-379-7575	2305 Farmer St. Charlotte, NC	Monday – Friday: 8:00-5:00	Mixed Income for Families & Elderly
Charlottetown Terrace 704-336-5281 or 704-377-5042	1000 Baxter St. Charlotte, NC	Monday- Friday: 8:00-5:00	Income-Based for Disabled
Deer Hill Apartments 704-875-9858	14908 Statesville Rd. Huntersville, NC	Call for information	Section 8 subsidized housing
Charlotte Dillehay Courts 704-336-5279	2600 N. Pine St. Charlotte, NC	Monday-Friday: 8:00-5:00	Income-Based for Families
Edwin Towers 704-336-5273	210 W. 10th St. Charlotte, NC	Monday, Tuesday, Thursday, Friday: 8:30-5:00 Wednesday: 8:30-12:00	Income-Based for Disabled & Elderly
Fairmarket Square 704-568-6059	5914 Fairmarket Place Charlotte, NC	Monday, Wednesday, Friday: 9:00-6:00	Mixed-Income for Families
Grier Park Apartments 704-334-8043	3424 Oak Arbor Ln. Charlotte, NC	Call for information	Section 8 subsidized housing
Hillcrest Apartments 704-567-9022	2603 Arnold Dr. Charlotte, NC	Call for information	Section 8 subsidized housing

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Lakeside Apartments 704-568-7840	8061 Woodscape Dr. Charlotte, NC	Call for information	Section 8 subsidized housing
Little Rock Apartments 704-394-9394	5712 Leake St. Charlotte, NC	Monday – Friday: 8:30-5:00	Section 8 subsidized housing
McAlpine Terrace 704-336-8895	6130 Pineburr Rd. Charlotte, NC	Call for information	Income-Based, Mixed- Income, Market Rate for Elderly & Disabled
Montgomery Gardens 704-393-9904	5235 Garden Trace Ct. Charlotte, NC	Monday – Friday: 8:30- 5:30	Mixed-Income for Families
Nia Point 704-334-1940	1120 Mayfield Terrace Dr. Charlotte, NC	Monday: 10-4, Tuesday, Thursday, Friday 10-4:30 Wednesday by appt only	Mixed-Income for Families
Northcross Townhomes 704-399-1045	1835 Griers Grove Rd. Charlotte, NC	Call for information	Section 8 subsidized housing
Oak Valley 980-498-9256	2700 Oak Valley Ln. Charlotte, NC	Monday, Wednesday, Friday: 8:30-5:00	Workforce for Families
Parktowne Terrace 704-336-5299	5800 Fairview Rd. Charlotte, NC	Monday – Friday: 8:00- 5:00	Income-Based for Elderly & Disabled
Prosperity Creek 704-594-6990	3705 Prosperity Church Rd. Charlotte, NC	Monday – Friday: 10:00- 5:00	Income-Based, Mixed- Income for Elderly & Disabled
Charlotte Robinsdale 704-336-5313	10001 Margie Ann Dr. #A Charlotte, NC	Tuesday, Thursday: 8:30-5:30 Friday: 1:30-5:30	Income-Based for Families
Savanna Woods 704-336-5292	3124 Leaside Ln. Charlotte, NC	Monday, Tuesday, Thursday, Friday: 8:00-5:00	Income-Based for Elderly, Disabled, & Families
Seigle Point Apartments 704-334-0910	110 Winding Path Way Charlotte, NC	Monday – Friday: 9:00- 5:00	Income-Based, Mixed- Income, Workforce for Families
Seneca Woods 704-336-8576	1509 Seneca Pl. Charlotte, NC	Tuesday, Friday: 8:30-5:30	Income-Based, Mixed- Income, Workforce for Families
South Oak Crossing 704-522-6641	7609 Kings Ridge Dr. Charlotte, NC	Monday – Saturday: 9:00- 5:00	Income-Based, Mixed- Income, Workforce, Market Rate for Families
Southside Homes 704-336-5294	3400 Griffith St. Charlotte, NC	Monday, Tuesday, Thursday, Friday: 8:00-5:00	Income-Based for Elderly, Disabled, & Families
Springcroft at Ashley Park 704-643-5090	6770 Broad St. Charlotte, NC	Monday – Friday: 9:00- 5:00	Income-Based, Workforce for Elderly & Disabled

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Springfield Gardens Apartments 704-573-1551	9525 Springfield Garden Dr. Charlotte, NC	Monday, Wednesday, Friday: 8:30- 5:30 Tuesday/Thursday Appt Only	Income-Based, Mixed-Income, Workforce for Families
Steele Creek Apartments 704-587-5656	4314 Branch Bend Ln. Charlotte, NC	Monday – Friday: 10:00-5:00	Income-Based for Elderly & Disabled
Sunridge 704-336-5126	4005 Sunridge Ln. Charlotte, NC	Monday, Wednesday: 8:30-5 Friday: 8:30-5	Income-Based for Elderly, Disabled, & Families
Tall Oaks 704-336-5283	1601 Main St. Charlotte, NC	Call for information	Income-Based for Elderly, Disabled, & Families
Tarlton Hills 704-336-5282	201 Frazier Ave. Charlotte, NC	Monday, Tuesday, Thursday: 8:30-4:30	Income-Based for Elderly, Disabled, & Families
Woodlawn House 704-336-7329	1315 E. Woodlawn Rd. Charlotte, NC	Monday, Thursday: 8:30-5:30 Wednesday: By appointment	Income-Based for Elderly & Disabled
Woodstone Apartments 704-596-0114	4826 Woodstone Dr. Charlotte, NC	Monday – Friday: 8:00-5	Section 8 subsidized housing

HOUSING: RESOURCES

Name	Location	Hours	Brief Description
Angel House Maternity Home 704-392-6270	2000 Newland Rd. Charlotte, NC	Call for information	Housing/Food for Pregnant Women
Cascade 704-336-4844	5800 Executive Center Dr. Suite 101 Charlotte, NC	Monday-Friday: 8:00-5:00	Services for Substance Abuse Recovery, Disabilities and Mental Health
Charlotte Family Housing 704-335-5488	300 Hawthorne Ln. Charlotte, NC	Monday – Friday: 9:00- 5:00	Homeless Families
Charlotte Housing Authority 704-336-5183	400 E. Blvd. Charlotte, NC	Monday-Friday 8:00-5:00	Housing Information
Charlotte Rescue Mission 704-333-4673	907 W. 1st St. Charlotte, NC	Monday – Friday: 8:00-4:30	Housing for People Battling Addiction
Community Link 704-943-9490	601 E. 5th St. #220 Charlotte, NC	Monday – Friday: 8:00-5:00	Supportive Housing Services
Habitat for Humanity 704-376-2054	3815 Latrobe Dr. Charlotte, NC	Monday-Friday: 8:00-5:00 Saturday: 8:00-12:00	Christian Ministry that Builds Homes for Low Income Families

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Hope Haven 704-372-8809	3815 N. Tryon St. Charlotte, NC	Monday – Friday: 8:00-4:30	Housing for People Battling Addiction
The Housing Partnership 704-342-0933	4601 Charlotte Park Dr. #350	Call for information	Affordable Housing
Jackson Park Ministries 704-392-4981	5415 Airport Rd. Charlotte, NC	Call for information	Housing while Teaching Self Improvement and Accountability
Men's Shelter of Charlotte 704-334-3187	1210 N. Tryon St. Charlotte, NC	24/7	Homeless Men
My Sister's House 704-200-2807	3301 Beatties Ford Rd. Charlotte, NC	Call for information	Emergency Housing for Single Women
Safe Alliance 704-332-9034	601 E. 5th St. Charlotte, NC	Monday, Wednesday: 9:00-6:00 Tuesday, Thursday: 9:00-7:30 Friday: 9:00-12:00	Battered Women
Salvation Army Center of Hope 704-348-2460	534 Spratt St. Charlotte, NC	Call for information	Homeless Women & Children
Samaritan House 704-333-0110	611 Fortune St. Charlotte, NC	Monday-Sunday: 9:00-9:00	Homeless Men and Women After Hospital or Emergency Room Stay
Supportive Housing Communities 704-335-9380	2120 N. Davidson St. Charlotte, NC	Call for more information	Housing for People with Disabilities and recovering from Substance Abuse
Urban Ministry Center 704-347-0278	945 N. College St. Charlotte, NC	Monday – Friday: 8:30-4:30	Help for the Homeless

INTENSIVE HOME VISITATIONS

Name	Location	Hours	Brief Description
Care Ring 704-375-0172	601 E. 5 th St. #140 Charlotte, NC	Monday-Sunday: 8:00-5:00	Nurse-Family Partnership for First Time Birth – Low Income
Safe Journey and Adolescent Parenting Program 704-335-0601	601 E. 5 th St. #300 Charlotte, NC	Call for information	Parenting Program for Teen Mothers
Smart Start Healthy Families 704-336-5074	249 Billingsley Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Promoting Healthy Pregnancy and Parenting Skills – Primarily Medicaid

JOBS AND EMPLOYMENT			
Name	Location	Hours	Brief Description
Charlotte Works 704-206-1350	5601 Executive Dr. Ste 100 Charlotte, NC	Monday – Friday: 8:00-4:30 3 rd Friday: 8:00-2:00	Workshops, Coaching, etc. for Job Seekers
Urban League of Central Carolinas 704-373-2256	740 W. 5 th St. Charlotte, NC	Monday – Friday: 9:00-4:00	Job Placement & Help with GED
Work First Family Assistance 704-336-3000	301 Billingsley Rd. Charlotte, NC Valerie C. Woodard Center 3205 Freedom Dr. Charlotte, NC	Monday – Friday: 8:00-5:00	Provides Parents with Short- Term Training and Other Services to Help Them Become Employed.
MENTAL HEALTH/SUBSTANCE USE			
Name	Location	Hours	Brief Description
Access Family Services 704-521-4977	2633 West Blvd. Charlotte, NC	Call for information	Mental Health & Substance Abuse
Al-Anon 704-523-1159	2810 Providence Road #A4 Charlotte, NC	24/7	Support Groups for People who are Affected by Someone’s Drinking
Alcoholics Anonymous 704-332-4387	1427 South Blvd. #106 Charlotte, NC	Monday – Friday: 8:00-5:30	Men and Women Sharing Their Experiences With Each Other to Recover from Alcoholism. Free of Charge.
Another Level Counseling and Consultation 704-548-5298	1935 JN Pease Place #104 Charlotte, NC	Monday – Friday: 9:00-5:00	Counseling Practice
Anuvia Prevention and Recovery Center 704-376-7447	100 Billingsley Rd. Charlotte, NC	Monday-Thursday: 7:30-4:00 Friday: 7:30-4:00	Substance Abuse Comprehensive Outpatient Treatment, Intensive Outpatient Treatment – Accepts Medicaid and Uninsured
Behavioral Health Charlotte (Carolinas Healthcare System) 704-444-2700	501 Billingsley Rd. Charlotte, NC	24/7	Behavioral Health Services – Accepts Medicaid
Behavioral Pediatric & Anxiety Disorders 704-442-0083	309 S. Sharon Amity Rd. Charlotte, NC	Call for an appointment	Mental, Emotional, and Behavioral Health Issues.
Buddy Kemp Cancer Support Center 704-384-5223	242 S. Colonial Ave. Charlotte, NC	Monday – Thursday 8:30-4:30	Assisting Families through Cancer Diagnosis

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Cardinal Innovations Healthcare Solutions 980-938-4200 Or 1-800-939-5911 (access line for services)	550 Caldwell St. Charlotte, NC Various Locations	Monday – Friday: 8:30-5:00	Mental Health, Intellectual, and Developmental Disabilities, and Substance Use/Addiction for Medicaid Patients and Uninsured
Carolina’s Creative Counseling 704-332-3634	4415 Monroe Rd. #100 Charlotte, NC	Call for information	Quality Clinical Care for Families and Individuals in Crisis
Carolinas Medical Center Mercy Horizons 704-304-5248	2001 Vail Ave. Charlotte, NC	Call for information	Inpatient and Outpatient Drug Rehab. Accepts Medicaid.
Center for Prevention Services 704-375-3784	1117 E. Morehead St. Charlotte, NC	Monday – Friday: 8:00-5:00	Preventative Services for Schools, Organizations and Groups. Preventative Services for Family and Teen Drug and Alcohol Abuse.
Charlotte Rescue Mission – Dove’s Nest 704-333-4673 ext. 113	2855 West Blvd. Charlotte, NC	24/7	Women’s Recovery Program
Charlotte Rescue Mission – Rebound 704-333-4673 ext. 501	907 W. 1 st St. Charlotte, NC	Monday-Thursday: 8:00-4:30	Men’s Recovery Program
Charlotte Treatment Center 704-697-0044	3315 Wilkinson Blvd. Charlotte, NC	Monday-Friday: 5:30-1:00 Saturday-Sunday: 6:00 AM-8:00 AM	Methadone Treatment.
Charlotte Vet Center 704-549-8025	2114 Ben Craig Dr. #300 Charlotte, NC	Monday & Tuesday: 7:00-6:30 Wednesday: 7:00-7:00 Thursday & Friday: 8:00-4:30 Sunday (Every 2 nd of each month): 8:00-4:30	Individual Counseling for Veterans & Support Groups
Counseling Center at Charlotte 704-527-7907	3900 Park Rd. Charlotte, NC	Monday – Friday: 9:00-5:00	Counseling Center - Can Apply for Reduced Rates
Dilworth Center for Chemical Dependency 704-372-6969	2240 Park Rd. Charlotte, NC	Monday, Wednesday, Friday: 9:00-5:00 Tuesday/Thursday: 9:00-9:15	Chemical Dependency Treatment Program
InnerVision Inc. 704-377-5042	415 E. 4 th St. Charlotte, NC	Monday – Friday: 8:00-5:00	1:1 & Group Therapy, Rehabilitation, Substance Abuse Services, Peer Support, Employment Services

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KinderMourn 704-376-2580	1320 Harding Place Charlotte, NC	Call for an appointment	Grief Counseling
McLeod Addictive Disease Center 704-332- 9001	515 Clanton Rd. Charlotte, NC	Monday-Friday: 8:30-9:00 Saturday: 9:00-12:00	Inpatient and Outpatient Treatment. Has Methadone Clinic.
Melange Health Solutions 803-200-2590	8825 University East Dr. Charlotte, NC	Call for appointment	Family and Adult Counseling Services
Mental Health America of Central Carolinas 704-365-3454	3701 Latrobe Dr. #140 Charlotte, NC		Promotes Mental Wellness. Offers Supplemental Programs for People with Mental Health Concerns or Parents of Children with Mental Health Concerns. Conducts Public Education Trainings.
Mecklenburg County Crisis (CriSyS) (Mobile Crisis Team) 704-566-3410	N/A	24/7 hotline	Immediate Crisis Support
Monarch Behavioral Health Services 704-525-3255	5700 Executive Center Dr. #110 Charlotte, NC	Monday-Thursday: 8:00-6:00 Friday: 8:00-5:00	Open Access, Outpatient Therapy, Medication Management, Peer Services, Assertive Community Treatment Team, Residential Services, Intensive In Home Services
Narcotics Anonymous 704-366-8980	2028 Woodland Dr. Charlotte, NC	Call for information- multiple locations	Support Groups for Anyone Struggling with Addictions
Novant Health Behavioral Health Services 800-786-1585	Presbyterian Medical Center	24/7	Intensive Outpatient Services
SABER Treatment Program at Urban Ministry Center 704-347-0278	945 N. College St. Charlotte, NC	Call for information	Substance Abuse Treatment for Homeless Men
Safe Alliance 704-332-9034	601 E. 5th St. #400 Charlotte, NC	Monday/Wednesday: 9:00-6:00 Tuesday/Thursday: 9:00- 7:30 Friday: 9:00-12:00	Sexual Assault/Domestic Violence

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Southeast Addiction Institute & Learning Center (SAIL) 704-561-0920	5601 Executive Center Dr. #101 Charlotte, NC	Call for information	Treatment Center
Thompson Child & Family Focus 704-376-7180	769 N. Wendover Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Psychiatric Residential Treatment Facility (PRTF), Intensive In-Home Services, WRAP services, community-based coaching for young adults, counseling, case management services for children, adolescents, and families, and therapeutic foster care.

NUTRITIONAL HEALTH

Name	Location	Hours	Brief Description
Women, Infants, and Children (WIC) 704-336-6500	5624 Executive Center Dr. Charlotte, NC	Monday – Thursday: 7:45-12:00, 1:00-7:00 Friday: 7:45-12:00, 1:00-5:00	Provides Basic Nutritional Services to Eligible Clients.
	801 Clanton Rd. Ste. C- 110 Charlotte, NC	Monday – Friday: 7:45-12:00, 1:00-5:00	
	2845 Beatties Ford Rd. Charlotte, NC	Monday, Thursday, Friday: 7:45-12:00, 1:00-5:00 Tuesday, Wednesday: 7:45-12:00, 1:00-7:00	
	249 Billingsley Rd Charlotte, NC	Monday – Friday: 7:45-12:00, 1:00-5:00	

PREGNANCY			
Name	Location	Hours	Brief Description
Pregnancy Care Management 980-314-9358	2845 Beatties Ford Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Care Management Services for High Risk Women during Pregnancy and Two Months after Delivery
REFUGEE/IMMIGRANT SERVICES			
Name	Location	Hours	Brief Description
International House 704-333-8099	1817 Central Avenue, Suite 215 Charlotte, NC	Monday – Friday: 9:00-5:00	Direct services to international community in Charlotte
Latin American Coalition 704-531-3848	4938 Central Ave. #101 Charlotte, NC	Monday-Friday: 9:00-5:30	Empower the Charlotte’s Latino community
Refugee Health 704-336-4700	2845 Beatties Ford Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Health Exams/Screening. Referral for Follow-Up Medical Care.
Refugee Public Assistance 704-336-3000	301 Billingsley Rd Charlotte, NC Or 3205 Freedom Drive Charlotte, NC	Monday-Friday: 8:00-5:00	Refugee Cash Assistance/Refugee Medical Assistance
SENIOR CARE			
Name	Location	Hours	Brief Description
Adult Care and Share 704-567-2700	6709 Idlewild Rd. Charlotte, NC	Monday – Friday: 7:00-6:00	Adult Day Care Center/Day Health Center
Blessed Assurance 704-845-1359	13001 Idlewild Rd. Matthews, NC	Monday – Friday: 6:00 AM-6:00 PM	Adult Day/Health Care Services
Congregate Meal Program 704-432-1111 or 704-336-3144	301 Billingsley Rd. Charlotte, NC Or 3205 Freedom Dr Charlotte, NC	Monday – Friday: 9:00-2:00 multiple locations	Hot, Nutritious Meals Served at 18 Dining Sights for Eligible Adults
Home Delivered Meals 704-336-3000	301 Billingsley Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Home Delivered Meals
The Ivey 704-909-2070	6030 Park South Dr. Charlotte, NC	Monday – Friday: 7:30-5:30	Memory Wellness Day Center
Levine Senior Center 704-846-4654	1050 DeVore Ln. Matthews, NC	Monday-Wednesday: 8:00-7:00 Thursday-Friday: 8:00-4:00	Senior Center

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Loving Care Adult Day Care/Day Health Inc. 704-391-3720	7917 Moores Chapel Rd. Bldg. 4 Charlotte, NC	Call for information	Adult Day Care
Loving Touch Adult Day Health Care Center, Inc. 704-331-0015	1302 Beatties Ford Rd. Charlotte, NC	Monday – Friday: 7:30-5:30	Structured Activities and Daily Nursing Supervision
Mount Olive Adult Day Care 704-527-7342	10016 Garthwood Rd. Charlotte, NC	Call for information	Adult Day Care
New Friends Adult Day Care 704-531-7663	3401 Commonwealth Ave. Charlotte, NC	Monday – Friday: 7:00-6:00	Adult Day Care
North Mecklenburg Senior Center of Charlotte Mecklenburg Senior Centers, Inc. 980-314-1127	102 Gilead Rd Huntersville, NC	Call for information	Senior Center
Tyvola Center of the Charlotte Mecklenburg Senior Centers, Inc. 980-314-1320	2225 Tyvola Rd. Charlotte, NC	Monday-Friday: 8:30-4:30	Senior Center
University Adult Day Care/Day Health 704-510-0030	1324 John Kirk Dr. Charlotte, NC	Monday – Friday: 7:00-5:30	Adult Day Care

SPECIALTY CARE

Name	Location	Hours	Brief Description
Achieve Therapy Services 704-708-8314	2301 Crown Point Executive Drive. Suite E Charlotte, NC	Monday – Thursday: 8:00-6:00 Friday: 8:00-5:00	Speech, Occupational, and Physical Therapy. Accepts Medicaid.
Allegro Foundation 704-364-4063	419 Ardmore Rd. Charlotte, NC	Monday-Friday: 9:00-5:00	Creating New Techniques to Teach Children with Disabilities and Enhance their Quality of Life
American Cancer Society 704-552-6147	1901 Brunswick Ave. #100 Charlotte, NC	Monday – Friday: 8:00-4:30	Help with the Challenges of Dealing With Cancer
Arise and Shine Therapy, Inc. 704-778-7192	3727 Rose Lake Dr. #103 Charlotte, NC	Monday – Friday: 9:00- 5:00	Occupational Therapy, Physical Therapy, and Speech Therapy. Accepts Medicaid.
Carolinas Rehabilitation – Wendover Pediatric Therapy 704-304-0621	427 Wendover Rd. Charlotte, NC	Monday – Thursday: 7:30-6:00 Friday: 7:30-3:00	Physical, Occupational, & Speech Therapy.

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Carr Speech Services	N/A	(704) 594-1464	Speech Therapy. Works with Spanish-speaking Children. Accepts Medicaid.
Charlotte Speech and Hearing 704-523-8027	741 Kenilworth Ave. #100 Charlotte, NC	Monday – Thursday: 8:00-6:00 Friday: 8:00-12:00	Hearing Services & Speech and Language Services. Sliding Fee Scale.
Charlotte United Christian Academy	7640 Wallace Rd. Charlotte, NC	(704) 537-0331 Call for information	School for Children with Mild, Moderate, and Severe Disabilities
Child and Family Development 704-332-4834 704-541-9080	4012 Park Road #200 Charlotte, NC 10516 Park Road Charlotte, NC	Monday – Thursday: 8:00-6:00 Friday: 8:00-5:00	Occupational, Physical, & Speech Therapy. Accepts Medicaid.
Cyzner Institute	7022 Sardis Rd. Charlotte, NC	(704) 3266-8260 Call for information	Day School, Applied Behavioral Analysis, Occupational Therapy, Speech Therapy, & Case
Early Bird Developmental Services	212 W. Matthews St. #105 Matthews, NC	(704) 846-0262 Call for information	Occupational, Physical, & Speech Therapy. Early Intervention. Feeding/Swallowing
Early Intervention Services – Children’s Developmental Services Agency (CDSA) 704-336-7130	3500 Ellington St. Charlotte, NC	Monday – Friday: 8:00-5:00	Provides support for families to help children from birth to age 3 who have developmental delays or who are at risk for delays to grow and learn to the best of their potential. Services include: Case Management

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First Steps Pediatric Therapy 704-256-4281	2711 Randolph Rd. Charlotte, NC	Monday – Friday: 8:00- 5:00	Speech, Occupational, and Physical Therapy. Accepts Medicaid.
Hospice and Palliative Care 704-375-0100	1420 East Seventh St. Charlotte, NC	(704) 375-0100 Call for information	Help Cope with a Life-Limiting Illness or Condition
KidSpeak Speech and Language Services, Inc. 704-540-3777	6911 Shannon Willow Rd. #700 Charlotte, NC	Monday – Friday: 8:00-5:30 Saturday: 8:00-4:00	Speech & Language Therapy, Screenings, Speech Evaluations, Auditory Verbal Therapy, & Spanish Therapy Services. Accepts Medicaid.
KidsRein 704-900-0145	3225 Cal Bost Rd Midland, NC	Appointment only	Therapeutic Horseback Riding. Scholarships Available.
Kinetic Kids, Inc. 704-807-5699	1016 Euclid Ave. Charlotte, NC	Monday – Friday: 8:00- 7:00 Saturday: 10:00-7:00	Occupational Therapy, Physical Therapy, Speech Therapy & Art Therapy. Affordable Care & Accepts Medicaid.
Leukemia and Lymphoma Society 704-998-5012	4530 Park Rd. #240 Charlotte, NC	Monday – Friday: 8:00-5:00	Support for Leukemia/Lymphoma Patients
Little Wonders 123 704-752-1616	5113 Piper Station Dr. #103 Charlotte, NC	Monday – Friday: 6:00- 6:00	Pediatric Occupational Therapy.
Lupus Foundation	4530 Park Road #302 Charlotte, NC	(704) 716-5640 Call for information	Improve Quality of Life for Anyone with Lupus
Mecklenburg County Health Department CAP/C Program 704-336-4674	249 Billingsley Rd. Charlotte, NC	Monday – Friday: 8:00-5:00	Services for Medically Fragile Children under 21 who are at Risk for Institutional Care
Mecklenburg Social Worker for the Blind 704-563-4168	5832 Executive Center Dr. #100 Charlotte, NC	Call for information	Services for the Blind
Metrolina Association for the Blind 704-372-3870	704 Louise Ave. Charlotte, NC	(704) 372-3870 Call for information	Improve Quality of Life for the Blind

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Pediatric Boulevard 704-821-0568	2814 Gray Fox Rd. Indian Trail, NC	Monday – Friday: 8:00- 6:30	Child Daycare, Aquatic Therapy, Occupational Therapy, Physical Therapy, Speech Therapy, Swallowing Therapy. Accepts Medicaid.
Pediatric Theraplay, Inc. 704-258-1724	P.O. Box 480462 Charlotte, NC 28269	Call for more information	Speech, Physical, and Occupational Therapy. Accepts Medicaid.
Speech W.I.S.E. 704-847-0186	3315 Springbank Lane #206 Charlotte, NC	Monday – Friday: 8:00- 5:00	Speech Therapy
Terrific Talkers 704-541-3737	11535 Carmel Commons Blvd. #100 Charlotte, NC	Monday: 9:00-5:30 Tuesday, Wednesday, Thursday: 8:00-5:30 Friday: 10:00-3:00	Quality Speech and Language Therapy Services for Children 18 months to 18 years

TRANSPORTATION

Name	Location	Hours	Brief Description
American Red Cross 704-347-8270 Sandra.peake@redcross.org	2425 Park Rd. Charlotte, NC 28203	Monday – Friday: 7:30-5:00	Assists Residents to and from Critical Medical Appointments
Charlotte Area Transit (CATS) System	600 East 4 th St. Charlotte, NC	(704) 336-7433 Call for information	Door-to-Door Transit Services within Charlotte City Limits
DSS Mecklenburg Transportation System 704-366-3000	301 Billingsley Road Charlotte, NC Or 3205 Freedom Dr. Charlotte, NC	Monday – Friday: 8:00-5:00	Transportation for Eligible Individuals to Medical Destinations
Shepherd’s Center 704-365-1995	3115 Providence Rd. Charlotte, NC	Referrals Monday – Thursday 9:00-2:00	Provides Transportation to Medical Appointments, and to the Grocery Store, Bank, etc.