

WHAT YOU SHOULD KNOW ABOUT:

HEPATITIS A

A highly contagious liver infection caused by a virus spread from person to person. The illness can last for weeks to months.

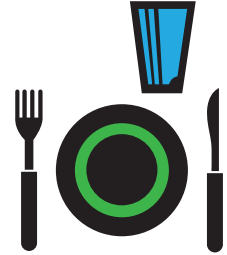
How is it Spread?



Forgetting to wash your hands after using the bathroom or changing diapers



Having sexual contact with infected partner(s)



Eating or drinking foods contaminated by hepatitis A

What are the symptoms?



Throwing up or feeling like throwing up



Fever



Yellowing of the eyes and skin

OTHER SYMPTOMS INCLUDE: Dark Pee · Grey Poop · Joint Pain · Feeling Tired · Loss of Appetite · Stomach Pain

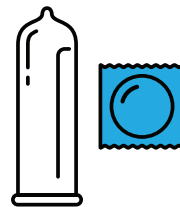
How can you protect yourself and prevent the spread.



Get vaccinated. Visit meckhealth.org for information on where to get shots.



Wash hands with soap and water before eating/preparing food and after using the bathroom/ changing diapers.



Use a latex condom for any type of sex, and use a water-based lubricant to help reduce the chance of the condom breaking.



Use a dental dam as a barrier for protection when rimming.



For more information: meckhealth.org | 980.314.9400