

Aaron Rattigan

Mr.Beckett

4AB

I believe the cause for youth violence and drug abuse is bullying. Bullying is the main cause of this problem because many people began to hate others which leads to confrontations and violence. Young adults may get discouraged by bullying and become depressed which could cause them to harm themselves and start taking drugs. One of my methods to stay out of violence is to be passive and not engage in bad conversations. I also choose not to do drugs and I don't let people try to tempt me to do drugs because I know that would lead my life in the wrong direction. I believe that anyone can resist violence by not messing with other people and minding their own business. If you don't bother others they won't bother you. I know people will always bully, however you can always stand up for yourself and you can also get a teacher to help you. I would also help someone if I see them getting bullied because no one deserves that kind of treatment. You could work out your problems and be friends and not have arguments. Find the root of why you are specifically being bullied. I'm going to tell you a little story about my experiences with youth violence(bullying). When I was in about 3rd grade I was bullied by a extremely tall 5th grade that lived in my neighborhood. This kid would not leave me alone. He was alway picking on me because I was smaller always hitting me and pushing me. One day I had enough I marched to him and asked why me? Why are you bullying me and he simply said because I can. I found a way to do the right thing by staying focused on my future and dreams. My career goal is to become a scientist. I will not participate in fights, which can destroy my chances to succeed future goals. I also know not to do drugs

because that would cause more damage than violence because drugs can take over your mind, body and soul. Bullying is a major factor in youth violence and has several types such as cyber bullying, verbal bullying, and physical bullying. I believe that cyber bullying can contribute to violence because you could cause someone to want to hurt you and you could cause them to hurt themselves. Physical bullying is directly related to violence because the bully is touching them and hurting them. Verbal bullying is like cyber bullying but to that person's face which is worse. This could discourage the person causing them to result to self harm, depression and even them attacking the whole school. Bullying can lead to an horrific event such as suicide. I involve other people by befriending them. Sometimes people just want a friend and that's what keeps them going. They need somebody to talk to about their problems they need a shoulder to lean on. Together we can stop the bully maybe even change him for the better. Kindness is the key if you have a good friend then you will be ok. I surround myself with people who are as smart as me or smarter so I can have a well rounded conversation. These people will take me further with exploring future goals and dreams.. I don't want to be get left behind by following negativity. What can I do about youth violence? I help If I see somebody getting bullied. My two biggest issues with bullying are bystanders and bandwagons because the bystanders stand by and watch. How could one just standby and watch as someone's feelings and spirits are being crushed. I won't stand and do nothing because then I would feel like part of the problem if I walked away. I also ask people this question If that was your friend would you just sit there and watch them get bullied? I believe that nobody should be bullied and that everyone should be treated equally, unfortunately this is not possible. Many people feel like they are above everybody else. Fortunately, we have people that care enough to stop bullying. I may not be aware of many

different organizations but I can still say that they are making a difference on the lives of many student. In conclusion I say that with a positive attitude we could stop bullying. If everybody could get along, this would be a perfect world if we could all coexist without the fear of being bullied. I know that bullying doesn't seem like a big issue compared to terrorism but it still is a serious problem in our society today. Together we stand to stop bullying and turn the word bully into something positive, For example- (Bully) **Becoming, United, Leaders, Leading, Youth.** Let's be the generation that ends bullying.