



Are you struggling since COVID-19?

You are not alone

Help is just a call, click or scan away—24/7.

Meck **Better Together**

Bringing partners and the community together to support families and address the safety and wellbeing of children.



MeckNC.gov/DSS/pages/MeckBetter-Together.aspx

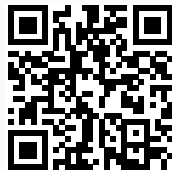
Meck **HOPE**

Pain is real, and so is hope.

Alliance Health
Emergency Access and Veterans Resources
800.510.9132

Promise Resource Network
Peer Support
833.390.7728

Anuvia Prevention & Recovery Center
Alcohol and Drug Issues
704.445.6900



MeckNC.gov/HOPE

HOPE  4 NC

Crisis counseling services for people affected by COVID-19.

Hope4NC helpline
855.587.3463



NCDHHS.gov/Hope4NC

GET YOUR SHOT
TO STOP COVID-19

For information about COVID-19, including vaccine locations, testing and treatment options, call **980.314.9400** option 3 (English) or option 8 (Spanish) or visit MeckNC.gov/COVID-19.



MECKLENBURG COUNTY
North Carolina